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Trauma-Informed Care Resources

A selected list of resources on the topic of trauma-informed care available through the College library. There is an emphasis on psychological trauma or trauma in the patient's past, rather than physical trauma such as that sustained in an accident. However, some resources may discuss both.

Electronic resources are listed first, followed by print (paper) resources.

Note: Resources and links are provided for general reference only and are not considered College policy.

Ebooks

- [Mindfulness-based interventions for trauma and its consequences](#) / Kearney DJ, Simpson TL, 2020.
- [Trauma-informed healthcare approaches: a guide for primary care](#) / 2019.
- [Psychosis, trauma, and dissociation: evolving perspectives on severe psychopathology](#) / 2019.
- [Identifying, treating, and preventing childhood trauma in rural communities](#) / Baker M, et al., 2016.
- [Trauma-informed care in behavioral health services](#) / 2014.

Selected articles

Review articles with a focus on practical tips for clinical use.

- [Applying trauma-informed practices to the care of refugee and immigrant youth: 10 clinical pearls](#) / Miller KK, Brown CR, Shramko M, Svetaz MV. Children (Basel). 2019 Aug 20;6(8).
- [Trauma-informed care for violently injured patients in the emergency department](#) / Fischer KR, Bakes KM, Corbin TJ, Fein JA, Harris EJ, James TL, Melzer-Lange MD. Ann Emerg Med. 2019 Feb;73(2):193-202.
- [Trauma informed care in medicine: current knowledge and future research directions](#) / Raja S, Hasnain M, Hoersch M, Gove-Yin S, Rajagopalan C. Fam Community Health. 2015 Jul-Sep;38(3):216-26.
- [A review of trauma-informed treatment for adolescents](#) / Black PJ, Woodworth M, Tremblay M, Carpenter T. Canadian Psychology/Psychologie canadienne. 2012;53(3):192-203.

Print books

College registrants with library services may borrow any of the following books, which can be sent via mail including free return postage. Contact the library by email (medlib@cpsbc.ca), [web form](#), or phone (604-733-6671) to request a book. If you have more than one address on file with the College, be sure to indicate where you would like the book to be sent.

- [Group trauma treatment in early recovery: promoting safety and self-care](#) / Herman JL, Kallivayalil D., 2019.
- [Healing the traumatized self: consciousness, neuroscience, treatment](#) / Frewen P, Lanius R., 2015.
- [Transforming addiction: gender, trauma, transdisciplinarity](#) Greaves L, Poole N, Boyle E, editors., 2015.
- [Body bears the burden: trauma, dissociation, and disease](#) / Scaer R, 2014.
- [101 trauma-informed interventions: activities, exercises and assignments to move the client and therapy forward](#) / Curran LA, 2013.
- [Trauma recovery group: a guide for practitioners](#) / Mendelsohn M, et al., 2011.
- [Working with children to heal interpersonal trauma: the power of play](#) / Gil E, editor, 2010.

Chapters in print books

College registrants with library services may request one chapter of a book to be sent by email or mail. Alternatively, if the entire book is of interest, books can be borrowed (for more details, see the [print books](#) section).

- Early interventions for trauma-related problems / Watson PJ. In: Ursano RJ, Fullerton CS, Weisaeth L, Raphael B, editors. [Textbook of disaster psychiatry](#), 2017. p. 87-100.
- Addressing trauma, violence, and pain: research on health services for women at the intersections of history and economics / Browne AJ, Varcoe C, Fridkin A. In: Hankivsky O, editor. [Health inequities in Canada: intersectional frameworks and practices](#). Vancouver: UBC Press; 2011.