

Applying the College's Indigenous Cultural Safety, Cultural Humility and Anti-racism practice standard



It has now been 15 months since the College Board approved the [Indigenous Cultural Safety, Cultural Humility, and Anti-racism practice standard](#), which was developed in collaboration with the BC College of Nurses and Midwives (BCCNM), Indigenous partners, members of the public, registrants, and key health partners. The purpose of this practice standard is to set out clear expectations for how registrants are to provide culturally safe and anti-racist care for Indigenous patients.

The College is currently assessing registrants' awareness and application of the practice standard and supporting resources and invites all registrants to complete [this survey](#). The survey will be available from June 1 to 19, 2023 and should take roughly five minutes to complete.

Tips for applying the standard in practice

Understand the standard's core concepts

This practice standard is organized into six core concepts, which registrants are expected to understand and reflect on when practising medicine and interacting with colleagues and patients. Within these concepts are the principles to which registrants are held. The College has published a [series of videos](#) to assist registrants in understanding each of the standard's core concepts. The core concepts include: self-reflective practice (it starts with me), building knowledge through education, anti-racist practice (taking action), creating safe health-care experiences, person-led care (relational care) and strengths-based and trauma-informed practice (looking below the surface).

Review learning resources

Along with the educational videos linked above, the College has also developed an [Indigenous Cultural Safety, Cultural Humility and Anti-racism Learning Resources](#) document which provides definitions of key terms as well as a list of readings, webinars, and courses. Registrants can also review the answers to frequently asked questions related to the standard in the [Indigenous Cultural Safety, Cultural Humility and Anti-racism FAQs](#). Learning resources are a great way for registrants to deepen their understanding of important terminology and concepts incorporated in the practice standard.

Become a champion of this work

Registrants are encouraged to take a leadership role as advocates for cultural safety, cultural humility, and anti-racism in their work. This can include actions such as:

- printing out copies of the patient resource and making them available in public spaces such as waiting rooms
- reviewing policies and procedures and identifying ways they can change to support Indigenous Peoples
- using the tools available in the standard to address racism with colleagues
- engaging colleagues in discussions regarding Indigenous cultural safety, cultural humility, and anti-racism in health care
- sharing the practice standard and learning resources with colleagues
- encouraging others to engage in their learning journey

The College thanks all those who have contributed to this important work and become champions of safe and inclusive patient care. Questions about this practice standard may be directed to communications@cpsbc.ca.