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March Highlights

Cardiovascular: 10, 14, 21, 25, 35, 45

Gastrointestinal: 11, 15, 24, 43

Mental Health: 7, 23, 27, 30, 32, 48, Books

Obs/Gyn: 3, 5, 8, 13, 21, 46

Pain & Opioids: 12, 16, 22, 34, 47

Pediatrics: 17, 23, 32, Books

Substance Use: 9, 30, 36, 38, Books

Name change!

Scientific American Pain Management is now called Decker Pain Management. For access, go to our [Point of Care and Drug Tools](#) page and click the link for STAT!Ref. Login is required.

“Sound” Bytes (synopses)

1. Systemic agents for psoriasis and their relevance to primary care. *Br J Gen Pract* 2019;69(679):96-7.
2. Communication techniques for deprescribing conversations #369. *J Palliat Med* 2019;22(3):335-6.
3. Vulvar itch. *BMJ* 2019;364:183.
4. Respiratory medicine: bronchiectasis. *Clin Med* 2019;19(1):64-7.
5. Complementary and integrative treatments for pain management in labor. *Am Fam Physician* 2019;99(3):154-6.
13. Contraception. *Ann Intern Med* 2019;170(3):ITC18-32.
14. Efficacy and safety of statin therapy in older people: a meta-analysis of individual participant data from 28 randomised controlled trials. *Lancet* 2019;393(10170):407-15.
15. Meta-analyses of current strategies to treat uncomplicated diverticulitis. *Dis Colon Rectum* 2019;62(3):371-8.
16. Top ten tips palliative care clinicians should know about medical cannabis. *J Palliat Med* 2019;22(3):319-25.
17. Care of neonatal intensive care unit graduate after discharge. *Pediatr Clin N Am* 2019;66(2):489-508.

Review Articles

6. Geriatrics screening and assessment. *Prim Care Clin Office Pract* 2019;46(1):85-96.
7. Pharmacological treatments for generalized anxiety disorder: a systematic review and network meta-analysis. *Lancet* 2019;393(10173):768-77.
8. Evaluation and management of abnormal uterine bleeding. *Mayo Clin Proc* 2019;94(2):326-35.
9. Primary care for persons who inject drugs. *Am Fam Physician* 2019;99(2):109-16.
10. Diagnosis and treatment of Lyme carditis. *J Am Coll Cardiol* 2019;73(6):717-26.
11. Practical perspectives in the treatment of nausea and vomiting. *J Clin Gastroenterol* 2019;53(3):170-8.
12. Nonmigraine headache and facial pain. *Med Clin N Am* 2019;103(2):235-50.
18. Aspiration pneumonia. *NEJM* 2019;380(7):651-63.
19. Epilepsy in adults. *Lancet* 2019;393(10172):689-701.
20. Gluteus medius tears of the hip: a comprehensive approach. *Phys Sportsmed* 2019;47(1):15-20.
21. Use of medication for cardiovascular disease during pregnancy. *J Am Coll Cardiol* 2019;73(4):457-76.
22. Is spinal mobilization effective for low back pain?: a systematic review. *Complement Ther Clin Pract* 2019;34:51-63.
23. Ethical implications for providers regarding cannabis use in children with autism spectrum disorders. *Pediatrics* 2019;143(2):e20180558.
24. Emergency medicine evaluation and management of small bowel obstruction: evidence-based recommendations. *J Emerg Med* 2019;56(2):166-76.

25. **Coronary artery disease manifestations in HIV: what, how, and why.** *Can J Cardiol* 2019;35(3):270-9.
26. **Pelvic complications after prostate cancer radiation therapy and their management: an international collaborative narrative review.** *Eur Urol* 2019;75(3):464-476.
27. **Avoidant restrictive food intake disorder.** *Psychiatr Clin N Am* 2019;42(1):45-57.
28. **The role of menopausal hormone therapy in women with or at risk of ovarian and breast cancers: misconceptions and current directions.** *Cancer* 2019;125(4):499-514.
29. **Recent developments in biologic therapies for the treatment of patients with systemic lupus erythematosus.** *Rheumatology* 2019;58(3):382-7.
30. **What works for whom and why: a narrative systematic review of interventions for reducing post-traumatic stress disorder and problematic substance use among women with experiences of interpersonal violence.** *J Subst Abuse Treat* 2019;99:88-103.

From the Specialties

31. **The dermatologist's role in amputee skin care.** *Cutis* 2019;103(2):86-90.
32. **Effective treatments for bipolar disorder.** *Children's Ment Health Res Q* 2019;13(1):5-12.
33. **Metabolic support challenges with obesity during critical illness.** *Nutrition* 2019;57:24-31.
34. **The role of multimodal analgesia in preventing the development of chronic postsurgical pain and reducing postoperative opioid use.** *J Opioid Manag* 2019;14(6):452-61.

35. **Treatment of urticarial vasculitis: a systematic review.** *J Allergy Clin Immunol* 2019;143(2):458-66.

Research Studies

36. **Efficacy and safety of a monthly buprenorphine depot injection for opioid use disorder: a multicentre, randomized, double-blind, placebo-controlled, phase 3 trial.** *Lancet* 2019;393(10173):778-90.
37. **Platelet-rich plasma versus hyaluronic acid injections for the treatment of knee osteoarthritis: results at 5 years of a double-blind, randomized controlled trial.** *Am J Sports Med* 2019;47(2):347-54.
38. **A randomized trial of e-cigarettes versus nicotine-replacement therapy.** *NEJM* 2019;380(7):629-37 and Ed.
39. **The detrimental consequences of overestimating future health in late life.** *J Gerontol B Psychol Sci Soc Sci* 2019;74(3):373-81.
40. **Importance of measuring hand and foot function over the disease course in rheumatoid arthritis: an eight-year follow-up study.** *Arthritis Care Res* 2019;71(2):166-72.
41. **Confirming the clinical safety and feasibility of a bundled methodology to improve cardiopulmonary resuscitation involving a head-up/torso-up chest compression technique.** *Crit Care Med* 2019;47(3):449-55.
42. **The real-world impact of modern treatments on the survival of patients with metastatic melanoma.** *Eur J Cancer* 2019;108:25-32.

Practice Guidelines

43. **Canadian Association of Gastroenterology clinical practice guideline for the management of irritable bowel syndrome (IBS).** *JGAC* 2019; 2(1):6-29.

44. **Diabetes Canada position statement for people with types 1 and 2 diabetes who fast during Ramadan.** *Can J Diabetes* 2019;43(1):3-12.
45. **2019 Canadian Cardiovascular Society/Canadian Association of Interventional Cardiology guidelines on the acute management of ST-elevation myocardial infarction: focused update on regionalization and reperfusion.** *Can J Cardiol* 2019;35(2):107-32.
46. **No. 375-clinical practice guideline on the use of first trimester ultrasound.** *JOGC* 2019;41(3):388-95.
47. **Safe and appropriate use of methadone in hospice and palliative care: expert consensus white paper.** *J Pain Symptom Manage* 2019;57(3):635-45.

Into the unknown...

48. **Why we believe in conspiracy theories.** *Sci Am* 2019;320(3):58-63.
49. **Why odds ratios can be tricky statistics: the case of finasteride, dutasteride, and sexual dysfunction.** *J Clin Psychiatry* 2018;79(6):18f12641.

Books to borrow

Clinical manual of child and adolescent psychopharmacology. *American Psychiatric Association, 2017.*

Handbook of diagnosis and treatment of DSM-5 personality disorders: assessment, case conceptualization, and treatment. *Routledge, 2016.*

Soft tissue augmentation. *Elsevier, 2018.*

Substance use disorders: a guide for the primary care provider. *Springer, 2018.*

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