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September Highlights

Cardiovascular: 7, 32, 34, 40, 44, 47

Gastrointestinal: 1, 9, 13, 21, 27, 38

Infectious Disease: 6, 20, 23, 32, 50

Mental Health: 4, 16, 37, 42, 49, ebook

Nervous System: 10, 14, 16, 18, 20, 29, 31, 44

Obs/Gyn: 15, 19, 25, 31, 43, 45, 47

Pain & Opioids: 3, 5, 18, 21, 37, 39, 42

COVID-19 and comorbidities

Best Practice's new module on COVID-19 allows you to modify the Treatment Algorithm according to certain common disorders. Go to the [Point of Care and Drug Tools](#) page, and click on Best Practice, then login. Search for COVID-19.

“Sound” Bytes (synopses)

1. Review of American Society of Colon and Rectal Surgeons clinical practice guidelines for the management of hemorrhoids. *JAMA Surg* 2020;155(8):773-4.
2. Insect bites. *BMJ* 2020;370:m2856.
3. Breast pain: assessment, management, and referral criteria. *Br J Gen Pract* 2020;70(697):419-20.
4. Nonantipsychotics / nonbenzodiazepines in the management of agitated delirium #397. *J Palliat Med* 2020;23(8):1127-9.
5. Short-term treatment of migraine in children and adolescents. *JAMA Pediatr* 2020;174(8):789-90.

Review Articles

6. Variation in false-negative rate of reverse transcriptase polymerase chain reaction-based SARS-CoV-2 tests by time since exposure. *Ann Intern Med* 2020;173(4):262-7.
7. Saturated fats and health: a reassessment and proposal for food-based recommendations. *J Am Coll Cardiol* 2020;76(7):844-57.
8. Self-management interventions to reduce healthcare use and improve quality of life among patients with asthma: systematic review and network meta-analysis. *BMJ* 2020;370:m2521.
9. Lactose intolerance: a concise review to skim the surface. *Mayo Clin Proc* 2020;95(7):1499-505.
10. Evaluation and management of difficult symptoms in older adults in primary care. *Med Clin NA* 2020;104(5):885-94.

11. Atopic dermatitis. *Lancet* 2020;396(10247):345-60.
12. Guidance for the prevention and emergency management of adult patients with adrenal insufficiency. *Clin Med* 2020;20(4):371-8.
13. Nocturnal gastroesophageal reflux disease (GERD) and sleep: an important relationship that is commonly overlooked. *J Clin Gastroenterol* 2020;54(8):663-74.
14. Update on the diagnosis and management of Parkinson's disease. *Clin Med* 2020;20(4):393-8.
15. Primary care assessment and management of common physical symptoms in pregnancy. *BMJ* 2020;370:m2248.
16. Pharmacological interventions for the treatment of insomnia: quantitative comparison of drug efficacy. *Sleep Med* 2020;72:41-9.
17. Acute respiratory distress syndrome: diagnosis and management. *Am Fam Physician* 2020;10(12):730-8.
18. Advances in diagnosis, classification, pathophysiology, and management of trigeminal neuralgia. *Lancet Neurol* 2020;19(9):784-96.
19. Diagnosis and management of postpartum pelvic floor disorders. *Obstet Gynecol Clin NA* 2020;47(3):477-86.
20. Neuropathogenesis and neurologic manifestations of the coronaviruses in the age of coronavirus disease 2019: a review. *JAMA Neurol* 2020;77(8):1018-27 and COVID-19 and SARS-CoV-2 infection: pathophysiology and clinical effects on the nervous system. *World Neurosurg* 2020;140:49-53.

21. **Opioid-induced constipation: a review of health-related quality of life, patient burden, practical clinical considerations, and the impact of peripherally acting μ -opioid receptor antagonists.** *Clin J Pain* 2020;36(9):716-22.
22. Systemic lupus erythematosus. *Ann Intern Med* 2020;172(11):ITC81-96.
23. **Accuracy of signs and symptoms for the diagnosis of community-acquired pneumonia: a meta-analysis.** *Acad Emerg Med* 2020;27(7):541-53.
24. Systemic amyloidosis recognition, prognosis, and therapy: a systematic review. *JAMA* 2020;324(1):79-89.
25. **Delayed versus immediate pushing in the second stage of labor in women with neuraxial analgesia: a systematic review and meta-analysis of randomized controlled trials.** *Am J Obstet Gynecol* 2020;223(2):189-203.
26. **Paget disease of bone in primary care.** *Am Fam Physician* 2020;102(4):224-8.
27. **Chronic pancreatitis.** *Lancet* 2020;396(10249):499-512.
28. Hypothyroidism. *Ann Intern Med* 2020;173(1):ITC1-16.
29. **Updates in chronic subdural hematoma: epidemiology, etiology, pathogenesis, treatment, and outcome.** *World Neurosurg* 2020;141:339-45.
30. **Top ten tips palliative care clinicians should know about bereavement and grief.** *J Palliat Med* 2020;23(8):1098-103.
31. **Magnesium sulphate for fetal neuroprotection at imminent risk for preterm delivery: a systematic review with meta-analysis and trial sequential analysis.** *BJOG* 2020;127(10):1180-8.

From the Specialties

32. **Coagulopathy of coronavirus disease 2019.** *Crit Care Med* 2020;48(9):1358-64.
33. Follow the complex bread crumbs: a review of autoinflammation for the general paediatrician. *Paediatr Child Health* 2020;25(5):279-85.
34. Focused transesophageal echocardiography during cardiac arrest resuscitation. *J Am Coll Cardiol* 2020;76(6):745-54.
35. **Overview of the current status of gene therapy for primary immune deficiencies (PIDs).** *J Allergy Clin Immunol* 2020;146(2):229-33.
36. **Conflict management in the ICU.** *Crit Care Med* 2020;48(9):1349-57.

Research Studies

37. **Factors associated with withdrawal symptoms and anger among people resuscitated from an opioid overdose by take-home naloxone: exploratory mixed methods analysis.** *J Subst Abuse Treat* 2020;117:108099.
38. **Effect of acupuncture in patients with irritable bowel syndrome: a randomized controlled trial.** *Mayo Clin Proc* 2020;95(8):1671-83.
39. **Reducing pain during emergency arterial sampling using three anesthetic methods: a randomized controlled clinical trial.** *J Emerg Med* 2020;58(6):857-63.
40. **Effect of nonintervention vs oral ibuprofen in patent ductus arteriosus in preterm infants.** *JAMA Pediatr* 2020;174(8):755-63.
41. **Surgery versus cast immobilization for adults with a bicortical fracture of the scaphoid waist (SWIFFT): a pragmatic, multicentre, open-label, randomised superiority trial.** *Lancet* 2020;396(10248):390-401.

Practice Guidelines

42. **Clinical policy: critical issues related to opioids in adult patients presenting to the emergency department.** *Ann Emerg Med* 2020;76(3):e13-39.
43. **Long-acting reversible contraception: specific issues for adolescents.** *Pediatrics* 2020;146(2):e2020007252.
44. **Canadian Cardiovascular Society clinical practice update on the assessment and management of syncope.** *Can J Cardiol* 2020;36(8):1167-77.
45. **Guideline no. 404: initial investigation and management of benign ovarian masses.** *J Obstet Gynaecol Can* 2020;42(8):1040-50.
46. **Long-term noninvasive ventilation in chronic stable hypercapnic chronic obstructive pulmonary disease: an official American Thoracic Society clinical practice guideline.** *Am J Respir Crit Care Med* 2020;202(4):e74-87.
47. **Cardiovascular considerations in caring for pregnant patients: a scientific statement from the American Heart Association.** *Circulation* 2020;141(23):e884-903.

Global Concerns...

48. **Discussing serious news remotely: navigating difficult conversations during a pandemic.** *JCO Oncol Pract* 2020;16(7):363-8.
49. **Climate anxiety: psychological responses to climate change.** *J Anxiety Disord* 2020;74:102263.
50. **Sustaining social distancing and mass quarantine in the COVID-19 era: lessons learned.** *Healthc Q* 2020;23(2):21-3.

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Ebooks

***Note: Online access only**

Current practice guidelines in primary care 2020. David, JA. McGraw-Hill Education, 2020.

Fracture management for primary care and emergency medicine. Eiff, MP. Elsevier, 2020.

Physician's guide to medicolegal practice. Ranavaya, MI. American Medical Association, 2019.

Psychiatric nonadherence: a solutions-based approach. Fornari, V. Springer, 2019.

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