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October Highlights

Cardiovascular: 1, 11, 18, 25, 27, 32, 40, 43, 45, ebook

Gastrointestinal: 6, 12, 19, 30, 32

Infectious Diseases: 5, 7, 17, 26, 36, 48, ebook

Mental Health: 10, 13, 16, 20, 23, 28, 31, 34, 37, 42, 44, 52, ebook

Obs/Gyn: 1, 12, 21, 25, 44, 51, 53

Pain & Opioids: 8, 14, 20, 30, 38

Pediatrics: 3, 9, 10, 23, 37, 50

Point of Care Ultrasound

Want to learn more about providing Point of care ultrasound (POCUS) in your practice? Try the library's POCUS reading list, located here:

<https://www.cpsbc.ca/files/pdf/Library-Point-of-Care-Ultrasound-Resources.pdf>

“Sound” Bytes (Synopsis)

1. **Tachycardia in pregnancy: when to worry?** *Clin Med* 2021;21(5):e434-7.
2. **Management of acne vulgaris: summary of NICE guidance.** *BMJ* 2021;374:n1800.
3. Assessment, diagnosis, and management of developmental coordination disorder. *Paediatr Child Health* 2021;26(6):375-8.
4. **Effective nutrition support for patients with chronic obstructive pulmonary disease: managing malnutrition in primary care.** *Br J Gen Pract* 2021;71(710):427-8.
5. Screening for hepatitis C virus. *JAMA* 2021;326(4):348-9.
6. **Biliary colic.** *BMJ* 2021;374:n2085.

Review Articles

7. **Long covid—mechanisms, risk factors, and management.** *BMJ* 2021;374:n1648.
8. Low back pain. *Ann Intern Med* 2021;174(8):ITC113-28.
9. **Blood glucose monitoring in adults and children with diabetes: update 2021.** *Can J Diabetes* 2021;45(7):580-7.
10. **Fighting racism: the impact of racism on children and Childhood interventions to reduce racism.** *Children's Ment Health Res Q* 2021;15(3):1-16.
11. **Antiarrhythmic drugs for atrial fibrillation in the outpatient setting: common clinical scenarios and pearls for the primary care clinician.** *Mayo Clin Proc* 2021;96(8):2230-42.
12. **Accidental bowel leakage/fecal incontinence: evidence-based management.** *Obstet Gynecol Clin NA* 2021;48(3):467-85.

13. **Alcohol withdrawal syndrome: outpatient management.** *Am Fam Physician* 2021;104(3):253-62.
14. **Medical cannabis or cannabinoids for chronic non-cancer and cancer related pain: a systematic review and meta-analysis of randomised clinical trials.** *BMJ* 2021;373:n1034.
15. Menopause. *Ann Intern Med* 2021;174(7):ITC97-112.
16. **Adverse childhood experiences.** *Prim Care* 2021;48(3):493-504.
17. **Pertussis: common questions and answers.** *Am Fam Physician* 2021;104(2):186-92.
18. Drug-induced QT prolongation torsade de pointes and sudden cardiac death. *Prescrire Int* 2021;30(229):208-1-8
19. **Dysphagia and swallowing disorders.** *Med Clin NA* 2021;105(5):939-54.
20. Association of opioid agonist treatment with all-cause mortality and specific causes of death among people with opioid dependence: a systematic review and meta-analysis. *JAMA Psychiatry* 2021;78(9):979-93.
21. **Identifying the cause of breast and nipple pain during lactation.** *BMJ* 2021;374:n1628.
22. **Unintentional weight loss in older adults.** *Am Fam Physician* 2021;104(1):34-40.
23. **Review: identification and management of circadian rhythm sleep disorders as a transdiagnostic feature in child and adolescent psychiatry.** *J Am Acad Child Adolesc Psychiatry* 2021;60(9):1085-95.
24. Challenges of sarcoidosis and its management. *NEJM* 2021;385(11):1018-32.

25. Expert review: prevention of obstetrical venous thromboembolism. *Am J Obstet Gynecol* 2021;225(3):228-36.
26. Community-acquired bacterial meningitis. *Lancet* 2021;398(10306):1171-83 and Chronic meningitis. *NEJM* 2021;385(10):930-6.
27. Sinus node dysfunction. *Am Fam Physician* 2021;104(2):179-85.
28. Meta-analysis of the treatment of posttraumatic stress disorder in adults with comorbid severe mental illness. *J Clin Psychiatry* 2021;82(3):20r13584.
29. Management of geriatric elbow injury. *Orthop Clin NA* 2021;52(4):381-401.
30. Chronic pain in patients with inflammatory bowel disease. *Pain* 2021;162(10):2466-71.
31. Neurobehavior and mild traumatic brain injury. *Psychiatr Clin NA* 2021;44(3):459-68.
32. Management of cardiometabolic complications in patients with nonalcoholic fatty liver disease: a review of the literature with recommendations. *J Clin Gastroenterol* 2021;55(9):747-56.
33. Prostate cancer. *Lancet* 2021;398(10305):1075-90 and Preserving well-being in patients with advanced and late prostate cancer. *Urology* 2021;155:199-209.
34. Mental illness and suicide among physicians. *Lancet* 2021;398(10303):920-30.

From the Specialties

35. Exploring bias in restraint use: four strategies to mitigate bias in care of the agitated patient in the emergency department. *Acad Emerg Med* 2021;28(9):1061-66.

36. Infections in immunosuppressed travellers with autoimmune inflammatory diseases – a narrative review and advice for clinical practice. *Rheumatology* 2021;60(9):3969-76.
37. Rating scales for behavioral health screening system within pediatric primary care. *Child Adolesc Psychiatric Clin NA* 2021;30(4):777-95.
38. Rhinogenic and sinus headache – literature review. *Am J Otolaryngol* 2021;42(6):103113.
39. Caring for transgender patients: complications of gender-affirming genital surgeries. *Ann Emerg Med* 2021;78(3):409-15.

Research Studies

40. Effect of salt substitution on cardiovascular events and death. *NEJM* 2021;385(12):1067-77.
41. Comparison of lateral perturbation-induced step training and hip muscle strengthening exercise on balance and falls in community-dwelling older adults: a blinded randomized controlled trial. *J Gerontol A Biol Sci Med Sci* 2021;76(9):e194-202.
42. Does physician compensation for declaration of involuntary status increase the likelihood of involuntary admission? A population-level cross-sectional linked administrative database study. *Psychol Med* 2021;51(10):1666-75.
43. Upper extremities deep vein thrombosis treated with oral direct anticoagulants: a prospective cohort study. *Int J Cardiol* 2021;339:158-63.
44. Reproductive safety of second-generation antipsychotics: updated data from the Massachusetts General Hospital National Pregnancy Registry for atypical antipsychotics. *J Clin Psychiatry* 2021;82(4):20m13745.

45. Single troponin measurement to rule-out acute myocardial infarction in early presenters. *Int J Cardiol* 2021;341:15-21.

Practice Guidelines

46. Fall prevention: risk assessment and management for community-dwelling older adults. *BC Guidelines: Guidelines and Protocols Advisory Committee* 2021.
47. Synopsis of the 2020 US Department of Veterans Affairs/US Department of Defense clinical practice guideline: the non-surgical management of hip and knee osteoarthritis. *Mayo Clin Proc* 2021;96(9):2435-47.
48. Group A streptococcal pharyngitis: a practical guide to diagnosis and treatment. *Paediatr Child Health* 2021;26(5):319-20.
49. European Association of Urology guidelines on urethral stricture disease (part 2): diagnosis, perioperative management, and follow-up in males. *Eur Urol* 2021;80(2):201-12.
50. Long-term follow-up care for childhood, adolescent, and young adult cancer survivors. *Pediatrics* 2021;148(3):e2021053127.

Healthy Consultations...

51. Forced and coerced sterilization of Indigenous Peoples: considerations for health care providers. *J Obstet Gynaecol Can* 2021;43(9):1090-3.
52. Witnesses and victims both: healthcare workers and grief in the time of COVID-19. *J Pain Symptom Manage* 2021;62(3):647-56.
53. Safeguarding and teleconsultation for abortion. *Lancet* 2021;398(10299):555-8.

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