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OCTOBER HIGHLIGHTS

Cancer: 32, 35, 48, 50, 52, 54

Cardiovascular: 10, 12, 16, 20, 28, 39, 41, 43, 49

Dermatology: 18, 24, 31, 33

Infectious Disease: 2, 7, 13, 21, 52

Mental Health: 8, 11, 15, 40, 44

Pain & Opioids: 14, 34, 42, 44, 51

Looking for older SOGC guidelines?

To see a list of SOGC guidelines, go to **CPG Infobase**. In the grey search box, click on the **Specialty** link.

Choose **Obstetrics and Gynecology**. CMA members may login to access the full text. College registrants may request a copy via the College library or contact us for additional options and more detailed instructions.

“Sound” Bytes (synopses)

1. Diagnosing the onset of menopause. *JAMA* 2019;322(8):775-6.
2. Fluoroquinolones: the need for increasingly targeted use. *Prescrire Int* 2019;28(207):212-3.
3. **Acute vertigo.** *BMJ* 2019;366:l5215.
4. **Treatment of threatened miscarriage with progestogens.** *Am Fam Physician* 2019;100(5):279-80.
5. Management of patients with acute ischemic stroke. *JAMA* 2019;322(8):777-8.
6. **How to help patient choose a surrogate decision maker #378.** *J Palliat Med* 2019; 22(9):1162-3.
14. **Managing procedural pain in the neonate using an opioid-sparing approach.** *Clin Ther* 2019;41(9):1701-13.
15. **Alcohol use disorders.** *Lancet* 2019;394(10200):781-92.
16. **Mitral valve prolapse, ventricular arrhythmias, and sudden death.** *Circulation* 2019;140(11):952-64.
17. **Current guidelines and treatment paradigms for nocturnal polyuria: a “NEW” disease state for US physicians, patients and payers.** *Int J Clin Prac* 2019;73(8):e13337.
18. Nonsurgical hair restoration treatment. *Cutis* 2019;104(1):17-24.
19. **Comparative efficacy of bone anabolic therapies in women with postmenopausal osteoporosis: a systematic review and network meta-analysis of randomized controlled trials.** *Maturitas* 2019;129:12-22.

Review Articles

7. **Treatment of the common cold.** *Am Fam Physician* 2019;100(5):281-9.
8. Dementia. *Ann Intern Med* 2019;171(5):ITC33-48.
9. **Clinicians’ guide to cannabidiol and hemp oils.** *Mayo Clin Proc* 2019;94(9):1840-51 and Medical use of cannabis in 2019. *JAMA* 322(10):974-5.
10. Treatment of hypertension in patients with asthma. *NEJM* 2019;381(11):1046-57.
11. Acute agitation in an adult. *Prescrire Int* 2019;28(207):215-8.
12. **Update on cardiovascular safety of incretin-based therapy in adults with type 2 diabetes mellitus: a meta-analysis of cardiovascular outcome trials.** *Can J Diabetes* 2019;43(7):538-45.
13. **Respiratory syncytial virus infection in adults.** *BMJ* 2019;366:l5021.
20. **Atypical electrocardiographic presentation in need of primary percutaneous coronary intervention.** *Am J Cardiol* 2019;124(8):1305-14.
21. **Pharmacotherapy approaches in nontuberculous mycobacteria infections.** *Mayo Clin Proc* 2019;94(8):1567-81.
22. **Diagnostic performance of ultrasonography for detection of pediatric elbow fracture: a meta-analysis.** *Ann Emerg Med* 2019;74(4):493-502.
23. Adrenal crisis. *NEJM* 2019;381:852-61.
24. **Erythema multiforme: recognition and management.** *Am Fam Physician* 2019;100(2):82-8.

25. **Acute liver failure.** *Lancet* 2019;394(10201):869-81.
26. Shock-wave therapy versus corticosteroid injection on lateral epicondylitis: a meta-analysis of randomized controlled trials. *Phys Sportsmed* 2019;47(3):284-9.
27. More than the sum of the respiratory events: personalized medicine approaches for obstructive sleep apnea. *Am J Respir Crit Care Med* 2019;200(6):691-703.
28. From detecting the vulnerable plaque to managing the vulnerable patient. *J Am Coll Cardiol* 2019;74(12):1582-93.
29. **The current status of cell-based therapies for primary knee osteoarthritis.** *Orthop Clin NA* 2019;50(4):415-23.
30. Mobile devices and health. *NEJM* 2019;381:956-68.
31. **Pemphigus.** *Lancet* 2019;394(10201):882-94.
32. Systemic therapy for locally advanced and metastatic non-small cell lung cancer: a review. *JAMA* 2019; 322(8):764-774.

From the Specialties

33. Noninvasive imaging tools in dermatology. *Cutis* 2019;104(2):108-13.
34. **Transversus abdominis plane block in laparoscopic colorectal surgery: a systematic review.** *Dis Colon Rectum* 2019;62(10):1248-55.
35. **Brachytherapy: an overview for clinicians.** *CA Cancer J Clin* 2019;69(5):386-401.
36. **Top ten tips palliative care clinicians should know about caring for children in neonatal and pediatric intensive care units.** *J Palliat Care* 2019;22(9):1149-53.

37. **Keeping long-term care patients out of hospital during acute medical illness: proposal for common elements of an integrated healthcare delivery system for long-term care.** *Healthc Q* 2019;22(2):40-6.
38. **Social media skills for professional development in psychiatry and medicine.** *Psychiatr Clin NA* 2019;42(3):483-92.

Research Studies

39. **A multicenter randomized trial to evaluate a chemical-first or electrical-first cardioversion strategy for patients with uncomplicated acute atrial fibrillation.** *Acad Emerg Med* 2019;26(9):969-981.
40. Continued benefits of methylphenidate in ADHD after 2 years in clinical practice: a randomized placebo-controlled discontinuation study. *Am J Psychiatry* 2019;176(9):754-62.
41. Five-year outcomes of a randomized trial of treatments for varicose veins. *NEJM* 2019;381(10):912-22.
42. **Subdissociative-dose ketamine is effective for treating acute exacerbations of chronic pain.** *Acad Emerg Med* 2019;26(9):1044-51.
43. **Initial and sustained response effects of 3 vagal maneuvers in supraventricular tachycardia: a randomized, clinical trial.** *J Emerg Med* 2019;57(3):299-305.
44. **Urine is superior to oral fluid for detecting buprenorphine compliance in patients undergoing treatment for opioid addiction.** *Drug Alcohol Depend* 2019;203:8-12.
45. **Effect of dietary and supplemental omega-3 polyunsaturated fatty acids on risk of recurrent gout flares.** *Arthritis Rheumatol* 2019;71(9):1580-6.

46. **The MedSafer study: a controlled trial of an electronic decision support tool for deprescribing in acute care.** *J Am Geriatr Soc* 2019;67(9):1843-50.

Practice Guidelines

47. **Guideline no. 386-gynaecologic surgery in the obese patient.** *J Obstet Gynaecol Can* 2019;41(9):1356-70.
48. Medication use to reduce risk of breast cancer: US Preventive Task Force recommendation statement. *JAMA* 2019;322(9):857-67 and Ed.
49. **Omega-3 fatty acids for the management of hypertriglyceridemia: a science advisory from the American Heart Association.** *Circulation* 2019;140(12):e673-91.
50. **Guideline no.389-medical management of symptomatic uterine leiomyomas – an addendum.** *J Obstet Gynaecol Can* 2019;41(10):1521-4.
51. **Clinical policy: critical issues in the evaluation and management of adult patients presenting to the emergency department with acute headache.** *Ann Emerg Med* 2019;74(4):e41-74.

Trick or Treat?

52. **Oncolytic measles virotherapy and opposition to measles vaccination.** *Mayo Clin Proc* 2019;94(9):1834-9.
53. **Why we trust lies: the most effective misinformation starts with seeds of truth.** *Sci Am* 2019; 321(3):54-31.
54. **Cancer treatment and survivorship statistics, 2019.** *CA Cancer* 2019;69(5):363-85.

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