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DECEMBER HIGHLIGHTS

Cardiovascular: 2, 6, 9, 12, 25, 28, 33, 35, 37, 40, 43
Emergency: 3, 5, 21, 25, 28, 32, 37
Mental Health: 8, 11, 13, 17, 20, 24, 36, 39, 44
Pain: 1, 3, 15, 23, 38, eBooks
Pediatrics: 13, 18, 20, 22, 24, 31, 44
Respiratory: 21, 28, 31, 41

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“Sound” Bytes (synopses)

1. **The management of temporomandibular disorders: a headache in general practice.** *Br J Gen Pract* 2019;69(687):523-4.
2. **Dual antiplatelet therapy for patients with cardiovascular disease.** *Am Fam Physician* 2019;100(8):463-4.
3. **How to diagnose and treat benign headaches.** *CJEM* 2019;21:587-90.
4. **Facial palsy: when and why to refer for specialist care.** *Br J Gen Pract* 2019;69(688):579-80.
5. **Tranexamic acid for the treatment of epistaxis.** *Acad Emerg Med* 2019;26(11):1292-3.
6. **Antihypertensive drug therapy for mild to moderate hypertension during pregnancy.** *Am Fam Physician* 2019;100(7):403-5.

Review Articles

7. **Vaccines for international travel.** *Mayo Clin Proc* 2019;94:2314-39.
8. Comparative efficacy of interventions for aggressive and agitated behaviors in dementia: a systematic review and network meta-analysis. *Ann Intern Med* 2019;171(9):633-42.
9. **Benefits and harms of intensive glycemic control in patients with type 2 diabetes.** *BMJ* 2019;367:15887 and **A review of cardiovascular outcomes trials of glucose-lowering therapies and their effects on heart failure outcomes.** *Am J Cardiol* 2019;124(S1):S12-9.
10. **Approach to patients with stinging insect allergy.** *Med Clin NA* 2020;104(1):129-43.

11. **Stuttering: understanding and treating a common disability.** *Am Fam Physician* 2019;100(9):556-60.
12. Acute severe hypertension. *NEJM* 2019;381(19):1843-52.
13. **Prescription stimulants: from cognitive enhancement to misuse.** *Pediatr Clin NA* 2019;66(6):1109-20.
14. **Failure of anti-TNF treatment in patients with rheumatoid arthritis: the pros and cons of the early use of alternative biological agents.** *Autoimmun Rev* 2019;18(12):102398.
15. **Gynecologic ultrasound evaluation of the nongravid woman with pelvic pain.** *Obstet Gynecol Clin NA* 219;46(4):581-594.
16. **Comparative efficacy and safety of new surgical treatments for benign prostatic hyperplasia: systematic review and network meta-analysis.** *BMJ* 2019;367:15919.
17. Schizophrenia. *NEJM* 2019;381(18):1753-61 and **Optimizing treatment choices to improve adherence and outcomes in schizophrenia.** *J Clin Psychiatry* 2019;80(5):1N18031AH1C.
18. **Toilet training: common questions and answers.** *Am Fam Physician* 2019;100(8):468-74.
19. **Efficacy and safety of oral vs vaginal misoprostol for cervical priming before hysteroscopy: a systematic review and meta-analysis.** *Eur J Obstet Gynecol Reprod Biol* 2019;243:111-9.
20. **Substance-induced psychosis in youth.** *Child Adolesc Psychiatric Clin NA* 2020;29(1):131-43.
21. Acute upper airway obstruction. *NEJM* 2019;381(20):1940-9.

22. **Optimized protein intakes in term infants support physiological growth and promote long-term health.** *Semin Perinatol* 2019;43(7):151153.
23. **Exercise-induced hypoalgesia in pain-free and chronic pain populations: state of the art and future directions.** *J Pain* 2019;20(11):1249-66.
24. **Dietary interventions for autism spectrum disorder: a meta-analysis.** *Pediatrics* 2019;144(5):e20183218.
25. **Avoiding misdiagnosis in patients with posterior circulation ischemia: a narrative review.** *Acad Emerg Med* 2019;26(11):1273-84.
26. **Assessing and addressing social determinants of health: a key competency for succeeding in value-based care.** *Prim Care Clin Office Pract* 2019;46(4):561-74.
27. **Frailty: implications for clinical practice and public health.** *Lancet* 2019;394(10206):1367-75 and **Ed and Management of frailty: opportunities, challenges, and future directions.** *Lancet* 2019;394(10206):1376-86 and **Ed and Timing and methods of frailty assessments in geriatric trauma patients: a systematic review.** *Injury* 2019;50(11):1795-1808.

From the Specialties

28. **Systematic review: the role of thrombolysis in intermediate-risk pulmonary embolism.** *J Emerg Med* 2019;57(4):517-22.
29. **An update on autoimmune inner ear disease: a systematic review of pharmacotherapy.** *Am J Otolaryngol* 2020;41(1):102310.
30. **MRI in traumatic spinal cord injury: from clinical assessment to neuroimaging biomarkers.** *Lancet Neurol* 2019;18(12):1123-35.

31. **Clinical, histopathological, and molecular diagnostics in lethal lung development disorders.** *Am J Respir Crit Care Med* 2019;200(9):1093-1101.
32. **Oncologic emergencies: the fever with too few neutrophils.** *J Emerg Med* 2019;57(5):689-700.

Research Studies

33. **Comprehensive comparative effectiveness and safety of first-line antihypertensive drug classes: a systematic, multinational, large-scale analysis.** *Lancet* 2019;394(10211):1816-26.
34. **Early targeted combination treatment with conventional synthetic disease-modifying antirheumatic drugs and long-term outcomes in rheumatoid arthritis: ten-year follow-up results of randomized clinical trial.** *Arthritis Care Res* 2019;71(11):1450-8.
35. **Early surgery or conservative care for asymptomatic aortic stenosis.** *NEJM* 2020;382(2) and *Ed*.
36. **Efficacy and safety of deep transcranial magnetic stimulation for obsessive-compulsive disorder: a prospective multicenter randomized double-blind placebo-controlled trial.** *Am J Psychiatry* 2019;176(11):931-8.
37. **A randomized trial of a 1-hour troponin T protocol in suspected acute coronary syndromes: the rapid assessment of possible acute coronary syndrome in the emergency department with high-sensitivity troponin T study (RAPID-TnT).** *Circulation* 2019;140(19):1543-56.
38. **Safety and efficacy of sphenopalatine ganglion stimulation for chronic cluster headache: a double-blind, randomised controlled trial.** *Lancet Neurol* 2019;18(12):1081-90.

39. **Clinical and biological effects of long-term lithium treatment in older adults with amnesic mild cognitive impairment: randomised clinical trial.** *Br J Psychiatry* 2019;215(5):668-74.

Practice Guidelines

40. **2019 ESC/EAS guidelines for the management of dyslipidaemias: lipid modification to reduce cardiovascular risk.** *Atherosclerosis* 2019;290:140-205.
41. **Treatment of drug-resistant tuberculosis: an official ATS/CDC/ERS/IDSA clinical practice guideline.** *Am J Respir Crit Care Med* 2019;200(10):e93-142.
42. **2019 update of the American College of Rheumatology/ Spondylitis Association of America/Spondyloarthritis Research and Treatment Network recommendations for the treatment of ankylosing spondylitis and nonradiographic axial spondyloarthritis.** *Arthritis Rheumatol* 2019;71(10):1599-1613.
43. **2019 Canadian Cardiovascular Society position statement for transcatheter aortic valve implantation.** *Can J Cardiol* 2019;35(11):1437-48.
44. **Early detection for autism spectrum disorder in young children.** *Paediatr Child Health* 2019;24(7):424-32.

Medical Marijuana 101

45. **Medical marijuana: what physicians need to know.** *J Clin Psychiatry* 2019;80(5):18ac12537.

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