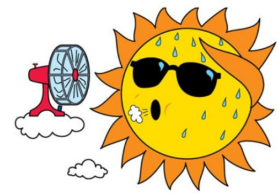


# CITES & BYTES



Newsletter of the Library of the College of Physicians and Surgeons of British Columbia

Issue 256

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August 2017

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## August Highlights

Cardiovascular 1, 6, 8, 34, 44

Diabetes 1, 8, 14

Drug Safety 2, 7, 25, 35, 38, 42

Gastrointestinal 14, 17, 25, 27, 36, 43

Mental Health 2, 5, 24, 30, 38, 42, Books

Musculoskeletal 11, 13, 19, 23, 28, 33, 40

Pain 13, 19, 29, 32, 35, 37

### "Sound" Bytes

1. A practical guide to the use of glucose-lowering agents with cardiovascular benefit or proven safety. *Can J Cardiology* 2017;33(7):940-2.
2. Amphetamines for attention deficit hyperactivity disorder in children and adolescents. *Paediatr Child Health* 2017;22(5):288-9 and Stimulant medication to treat attention-deficit/hyperactivity disorder. *BMJ* 2017;358:j2945.
3. Rosacea: first-choice treatments. *Prescr Int* 2017;26(182):126-8.
4. Aural microsuction. *BMJ* 2017;357:j2908.

### Review Articles

5. Insomnia: pharmacologic therapy. *Am Fam Physician* 2017;96(1):29-35.
6. Effectiveness and safety of non-vitamin K antagonist oral anticoagulants for atrial fibrillation and venous thromboembolism: a systematic review and meta-analyses. *Clin Ther* 2017;39(7):1456-1478.e36.
7. Common drug side effects and drug-drug interactions in elderly adults in primary care. *J Am Geriatr Soc* 2017;65(7):1578-85.
8. Hypertension and diabetes. *Prescr Int* 2017;26(183):155-60.
9. Subclinical hypothyroidism. *NEJM* 2017;376(26):2556-65.
10. Diagnosis and management of asthma in adults: a review. *JAMA* 2017;318(3):279-90.
11. Evidence-based medicine: current evidence in the diagnosis and management of carpal tunnel syndrome. *Plast Reconstr Surg* 2017;140(1):120e-129e.

12. Adrenal insufficiency: recognition and management. *Clin Med (Lond)* 2017;17(3):258-262.
13. Effectiveness of non-steroidal anti-inflammatory drugs for the treatment of pain in knee and hip osteoarthritis: a network meta-analysis. *Lancet* 2017;390(10090):e21-33.
14. Diabetes after bariatric surgery. *Can J Diabetes* 2017;41(4):401-6.
15. Understanding the risks and harms of management of incidental thyroid nodules: a review. *JAMA Otolaryngol Head Neck Surg* 2017;143(7):718-24.
16. Advances in the causes and management of community acquired pneumonia in adults. *BMJ* 2017;358:j2471.
17. Irritable bowel syndrome. *NEJM* 2017;376(26):2566-78.
18. Selected active naturals for atopic dermatitis: atopic dermatitis part 1. *Clin Derm* 2017;35(4):383-6.
19. The role of nonpharmacologic therapies in management of chronic pelvic pain: what to do when surgery fails. *Curr Opin Obstet Gynecol* 2017;29(4):231-9.
20. Acute and chronic paronychia. *Am Fam Physician* 2017;96(1):44-51.
21. Chronic obstructive pulmonary disease phenotypes: implications for care. *Mayo Clin Proc* 2017;92(7):1104-12.
22. Low-risk prostate cancer: identification, management, and outcomes. *Eur Urol* 2017;72(2):238-49 and The diagnosis and treatment of prostate cancer. *JAMA* 2017;317(24):2532-42.

SEE OVER

23. Evaluation of common elbow pathologies: a focus on physical examination. *Phys Sportsmed* 2017;45(2):184-190.
24. **Strategies to prevent death by suicide: meta-analysis of randomized controlled trials.** *Br J Psychiatry* 2017;210(6):396-402.
25. **Clinical review: loperamide toxicity.** *Ann Emerg Med* 2017;70(2):245-252.
26. Amyotrophic lateral sclerosis. *NEJM* 2017;377(2):162-72.
27. **Crohn disease: epidemiology, diagnosis, and management.** *Mayo Clin Proc* 2017;92(7):1088-103.
28. **Axial spondyloarthritis.** *Lancet* 2017;390(10089):73-84.
29. **Adult complex regional pain syndrome type 1: a narrative review.** *PM R* 2017;9(7):707-719.
35. Association of long-term opioid therapy with functional status, adverse outcomes, and mortality among patients with polyneuropathy. *JAMA Neurol* 2017;74(7):773-9 and Ed.
36. **Effects of bariatric surgery on female pelvic floor disorders.** *Urology* 2017;105:42-7.
37. **Trajectory of improvement in children and adolescents with chronic migraine: results from the cognitive-behavioral therapy and amitriptyline trial.** *J Pain* 2017;18(6):637-44.
38. **Lithium dosing strategies during pregnancy and the postpartum period.** *Br J Psychiatry* 2017;211(1):31-6.
39. Effect of electroacupuncture on urinary leakage among women with stress urinary incontinence: a randomized clinical trial. *JAMA* 2017;317(24):2493-2501 and Ed.

## From the Specialties

30. **The emergency medicine management of severe alcohol withdrawal.** *Am J Emerg Med* 2017;35(7):1005-1011.
31. **Addressing prognosis in serious illness.** *Hosp Med Clin* 2017;6(3):359-73.
32. **Postoperative multimodal analgesia pain management with nonopioid analgesics and techniques: a review.** *JAMA Surg* 2017;152(7):691-7.
33. **Revision ACL reconstruction: a critical analysis review.** *JBJS Reviews* 2017;5(6):e1.

## Research Studies

34. **Aspirin versus placebo in pregnancies at high risk for preterm preeclampsia.** *NEJM* 2017 Jun 28.

44. **2017 AHA/ACC focused update of the 2014 AHA/ACC guideline for the management of patients with valvular heart disease.** *J Am Coll Cardiol* 2017;70(2):252-289.

## Peace of mind...?

45. **Levers for addressing medical underuse and overuse: achieving high-value health care.** *Lancet* 2017;390(10090):191-202.
46. **Seasonality and autoimmune disease: the contribution of the four seasons to the mosaic of autoimmunity.** *J Autoimmun* 2017;82:13-30.
47. **Helping hands across a war-torn border: the Israeli medical effort treating casualties of the Syrian Civil War.** *Lancet* 2017;389(10088):2579-83.

## BOOKS to borrow

A clinical guide to pediatric sleep. *Wolters Kluwer, 2015.*

Lesbian, gay, bisexual, and transgender healthcare. *Springer, 2016.*

Making the most of your medical corporation: a creative tax and financial planning guide exclusively for doctors. *Purtzki & Associates, 2016.*

Pocket guide to addiction assessment and treatment. *American Psychiatric Association, 2016.*

Psychiatric drugs explained. *Elsevier, 2016.*



## Practice Guidelines

41. **Accidental hypothermia clinical practice guideline for British Columbia.** *BC Accidental Hypothermia Working Group, 2016.*
42. **Lower-risk cannabis use guidelines: a comprehensive update of evidence and recommendations.** *Am J Public Health* 2017;107(8):e1-12.
43. **ACG and CAG clinical guideline: management of dyspepsia.** *Am J Gastroenterol* 2017;112(7):988-1013.

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