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December Highlights

Cancer: 16, 21, 25, 30, 33

Cardiovascular: 18, 28, 34, 38, 43

Infectious Diseases: 1, 29, 31, 36, 42, 44, 48

Mental Health: 3, 11, 14, 19, 22, 32, 39, 47

Obs/Gyn: 5, 8, 16, 20, 24, 37, ebook

Pain & Opioids: 7, 12, 33, 37

Pediatrics: 10, 16, 22, 27, 29, 32, 47, 49

Respiratory: 1, 4, 6, 10, 31, 35, 46

Fireside Reading

Have a little extra time for reading? Remember that College registrants can request up to 200 articles for free each year. Are there any articles you would like emailed to you this holiday season?

“Sound” Bytes (synopses)

1. **Using antibiotics wisely for respiratory tract infection in the era of COVID-19.** *BMJ* 2020;371:m4125.
2. **Achilles tendinopathy: a guide for general practice.** *Br J Gen Pract* 2020;70(700):563-4.
3. **Pharmacotherapy for treatment-resistant obsessive-compulsive disorder.** *J Clin Psychiatry* 2020;81(5):1-3.
4. **Treatment of mild asthma: an inhaled beta-2 agonist during exacerbations, possibly combined with an as-needed inhaled corticosteroid.** *Prescrire Int* 2020;29(218):217.
5. **Society for maternal-fetal medicine special statement: updated checklist for antepartum care of pregestational diabetes mellitus.** *Am J Obstet Gynecol* 2020;223(5):B2-5.
6. **A lump in the throat: laryngopharyngeal reflux.** *BMJ* 2020;371:m4091.

Review Articles

7. **Chronic musculoskeletal pain: nonpharmacologic, noninvasive treatments.** *Am Fam Physician* 2020;102(8):465-77.
8. **Contraceptive challenges in women with common medical conditions.** *Mayo Clin Proc* 2020;95(11):2525-34.
9. **Esophageal motility disorders and gastroesophageal reflux disease.** *NEJM* 2020;383(20):1961-72.
10. **Functional respiratory disorders in children.** *Pediatr Clin NA* 2021;68(1):223-37.

11. **Current approaches to the pharmacologic treatment of core symptoms across the lifespan of autism spectrum disorder.** *Psychiatr Clin NA* 2020;43(4):329-45.
12. **Migraine.** *NEJM* 2020;383(19):1866-76.
13. **Oral manifestation of commonly prescribed drugs.** *Am Fam Physician* 2020;102(10):613-21.
14. **Contingency management for the treatment of methamphetamine use disorder: a systematic review.** *Drug Alcohol Depend* 2020;216:108307.
15. **Management of hamstring injuries: current concepts review.** *Bone Joint J* 2020;102-B(10):1281-8.
16. **Reproductive complications in childhood cancer survivors.** *Pediatr Clin NA* 2020;67(6):1187-202.
17. **Efficacy of digital cognitive behavioural therapy for insomnia: a meta-analysis of randomised controlled trials.** *Sleep Med* 2020;75:315-25.
18. **Evaluation and management of patients with stable angina: beyond the ischemia paradigm.** *J Am Coll Cardiol* 2020;76(19):2252-66.
19. **Functional cognitive disorder: dementia’s blind spot.** *Brain* 2020;143(10):2895-903 and **Functional seizures.** *Emerg Med Clin NA* 2021;39(1):123-32 and **Recognising and explaining functional neurological disorder.** *BMJ* 2020;371:m3745.
20. **Common benign chronic vulvar disorders.** *Am Fam Physician* 2020;102(9):550-7.
21. **Bladder cancer: a review.** *JAMA* 2020;324(19):1980-91.

22. **Antidepressant tolerability in pediatric anxiety and obsessive-compulsive disorders: a Bayesian hierarchical modeling meta-analysis.** *J Am Acad Child Adolesc Psychiatry* 2020;59(11):1240-51.
 23. **Functional gastrointestinal disorders: advances in understanding and management.** *Lancet* 2020;396(10263):1664-74.
 24. **Antenatal monitoring after preterm prelabor rupture of membranes.** *Obstet Gynecol Clin NA* 2020;47(4):625-32.
 25. **New advances in the diagnosis and management of hepatocellular carcinoma.** *BMJ* 2020;371:m3544.
 26. **Renal repercussions of medications.** *Prim Care* 2020;47(4):691-702.
 27. **Timing of puberty suppression and surgical options for transgender youth.** *Pediatrics* 2020;146(5):e20193653.
 28. **Diagnosis and treatment of lower extremity venous thromboembolism: a review.** *JAMA* 2020;324(17):1765-76.
 29. **HIV preexposure prophylaxis among adolescents in the US: a review.** *JAMA Pediatr* 2020;174(11):1102-8.
 30. **Endometrial cancer.** *NEJM* 2020;38(21):2053-64 and **Sensitivity of cervico-vaginal cytology in endometrial carcinoma: a systematic review and meta-analysis.** *Cancer Cytopathol* 2020;128(11):792-802.
- ### From the Specialties
31. **Best practice recommendation for point-of-care lung ultrasound in patients with suspected COVID-19.** *J Emerg Med* 2020;59(4):515-20 and **Point-of-care ultrasound in the evaluation of COVID-19.** *J Emerg Med* 2020;59(3):403-8.
32. **What [psychosis] treatments work?** *Children's Ment Health Res Q* 2020;14(4):5-12.
 33. **A practical approach to nonmedical opioid use in palliative care patients with cancer: using the PARTNERS framework.** *J Pain Symptom Manage* 2020;60(6):1253-9.
 34. **Deliberating the diagnosis dilemma of heart failure with preserved ejection fraction.** *Circulation* 2020;142(18):1770-80.
 35. **Managing code status conversations for seriously ill older adults in respiratory failure.** *Ann Emerg Med* 2020;76(6):751-6.
- ### Research Studies
36. **Unintended consequences of long-sleeved gowns in critical care setting during the COVID-19 pandemic.** *J Hosp Infect* 2020;106(3):605-9.
 37. **Effect of hysterectomy on pain in women with endometriosis: a population-based registry study.** *BJOG* 2020;127(13):1628-35.
 38. **Early rhythm-control therapy in patients with atrial fibrillation.** *NEJM* 2020;383(14):1305-16.
 39. **Effectiveness of sequential psychological medication therapies for insomnia disorder: a randomized clinical trial.** *JAMA Psychiatry* 2020;77(11):1107-15.
 40. **Association between drug use and subsequent diagnosis of lupus erythematosus.** *JAMA Dermatol* 2020;156(11):1199-1207.
 41. **The influence of relationship-centered coaching on physician perceptions of peer review in the context of mandated regulatory practices.** *Acad Med* 2020;95(11):S14-9.
- ### Practice Guidelines
42. **Corticosteroids for COVID-19: living guidance.** *WHO* 2020.
 43. **Contemporary diagnosis and management of rheumatic heart disease: implications for closing the gap: a scientific statement from the American Heart Association.** *Circulation* 2020;142(20):e337-57.
 44. **American College of Rheumatology clinical guidance for multisystem inflammatory syndrome in children associated with SARS-CoV-2 and hyperinflammation in pediatric COVID-19: version 1.** *Arthritis Rheumatol* 2020;72(11):1791-805.
 45. **Magnetic resonance imaging (MRI) prioritization.** *BC Guidelines: Guidelines and Protocols Advisory Committee* 2020.
 46. **Home oxygen therapy for adults with chronic lung disease: an official American Thoracic Society clinical practice guideline.** *Am J Respir Crit Care Med* 2020;202(10):e121-41.
 47. **Clinical practice guideline for the assessment and treatment of children and adolescents with anxiety disorders.** *J Am Acad Child Adolesc Psychiatry* 2020;59(10):1107-24.
- ### Small Things, Big Difference...
48. **Examining bacteria on skin and jewelry since the implementation of hand sanitizer in hospitals.** *Am J Infect Control* 2020;48(11):1402-3 and **Rapid SARS-CoV-2 inactivation by commonly available chemicals on inanimate surfaces.** *J Hosp Infect* 2020;106(3):633-4.
 49. **Community-informed peer support for parents of gender-diverse youth.** *Pediatrics* 2020;146(4):e20200571.
 50. **Webside manner during the COVID-19 pandemic: maintaining human connection during virtual visits.** *J Palliat Med* 2020;23(11):1507-9.

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