

READING LIST

Pain Management Resources

A selected list of resources available through the College library. Electronic resources are listed first, followed by print resources. Enter your CPSID and password to access the e-resources.

Note: Resources and links are provided for general reference only and are not considered College policy.

Point-of-care tools

BMJ Best Practice

- [Chronic pain syndromes](#)
- [Complex regional pain syndrome](#)
- [Discogenic low back pain](#)
- [Fibromyalgia](#)
- [Other pain monographs](#)

DynaMed

- [Chronic low back pain](#)
- [Complex regional pain syndrome](#)
- [Fibromyalgia](#)
- [Peripheral neuropathy](#)
- [Other pain monographs](#)

Journals

- [Anaesthesia Critical Care & Pain Medicine](#)
- [The Clinical Journal of Pain](#)
- [The Journal of Headache and Pain](#)
- [Journal of Pain and Symptom Management](#)
- [PAIN](#)
- [Pain Physician: official journal of the Association of Pain Management Anesthesiologists](#)

Subscribe to our table of contents service to regularly receive the current table of contents from your preferred pain management journals. Contact us at medlib@cpsbc.ca for further information.

- Themed issue: [Chronic pain management](#). Prim Care 2022;49(3). This special issue of *Primary Care Clinics in Office Practice* contains reviews of various aspects of chronic pain management, including assessment, therapeutic options, and selected populations. Sample article: [Comprehensive evaluation for chronic pain](#). Prim Care 2022; 49(3): 375-516.

Ebooks

- [Neuromodulation techniques for pain treatment: a step-by-step guide to interventional procedures and managing complications](#). Freitas TdS, Assumpcao de Monaco, B, Golovac S, editors, 2022.
- [Pediatric headache](#). Gladstein J, Szperka CL, Gelfand AA, 2022.
- [Cannabinoids and pain](#). Narouze SN, editor, 2021.
- [Chronic pain and opioid management: strategies for integrated treatment](#). Murphy JL, Rafie S, 2021.
- [Female sexual pain disorders: evaluation and management](#). Goldstein AT, Pukall CF, Goldstein I, 2nd ed., 2021.
- [Integrative headache medicine: an evidence-based guide for clinicians](#). Natbony LR, Green MW, editors, 2021.
- [Trigeminal nerve pain: a guide to clinical management](#). Abd-Elsayed A, editor, 2021.
- [Assessment and multimodal management of pain: an integrative approach](#). Cooney M, Quinlan-Colwell A, 2020.
- [Atlas of cutaneous branch territories for the diagnosis of neuropathic pain](#). Spicher CJ, Packham TL, Buchet N, Quintal I, Sprumont P, 2020.
- [Evaluation and management of chronic pain for primary care: a pocket guide for the primary care provider](#). Hall BH, editor, 2020.
- [Pain management for clinicians: a guide to assessment and treatment](#). Noe CE, editor, 2020.
- [Primary care pain management](#). De Mesa C, editor, 2020.
- [Spine pain care: a comprehensive clinical guide](#). Mao J, editor, 2020.
- [Atlas of common pain syndromes](#). Waldman SD. 4th ed., 2019.
- [Practical treatment options for chronic pain in children and adolescents: an interdisciplinary therapy manual](#). Dobe M, Zernikow B, editors. 2nd ed., 2019.
- [Atlas of ultrasound-guided procedures in interventional pain management](#). Narouze S, editor, 2018.
- [Decker: pain management](#). Kaye AD, 2018.
- [Essentials of pain medicine](#). Benzon H, Fishman S, Cohen S, Raja S, Liu S, 2018.
- [Psychological approaches to pain management: a practitioner's handbook](#). Turk DC, Gatchel RJ, editors. 3rd ed, 2018.

- [Ultrasound-guided peripheral nerve blocks](#). Silvestri E, Martino F, Puntillo F, editors, 2018.

Ebook chapters

- Chapter 4, **Chronic pain management in the homeless population**. Pangarkar SS, Change LE. In: Ritchie EC, Llorente MD. [Clinical management of the homeless patient: social, psychiatric, and medical issues](#), 2021. p. 41-68.
- Chapter 27, **Hallucinogens in headache**. Schindler EAD. In: Grigsby J, Grob CS, editors. [Handbook of medical hallucinogens](#), 2021. p. 515-25.

Canadian guidelines and synopses

- [The CanPain SCI clinical practice guidelines for rehabilitation management of neuropathic pain after spinal cord injury: 2021 update](#). Loh E, Mirkowski M, Agudelo AR, et al. Spinal Cord. 2022 Jun;60(6):548-66.
- [Peer simplified chronic pain guideline: management of chronic low back, osteoarthritic, and neuropathic pain in primary care](#). Korownyk CS, Montgomery L, Young J, et al. Can Fam Physician. 2022 Mar;68(3):179-90.
- [Consensus for a primary care clinical decision-making tool for assessing, diagnosing, and managing shoulder pain in Alberta, Canada](#). Eubank BHF, Lackey SW, Slomp M, et al. BMC Fam Pract. 2021 Oct 9;22(1):201.
- [Consensus-based recommendations for titrating cannabinoids and tapering opioids for chronic pain control](#). Sihota A, Smith BK, Ahmed SA, et al. Int J Clin Pract. 2021 Aug;75(8):e13871.
- [Interim guidance: ketamine administration via intramuscular, oral, sublingual, and intranasal routes as treatment for mental health conditions and chronic pain in the community setting](#). College of Physicians and Surgeons of BC, 2021.
- [Position statement: the use of oral opioids to control children's pain in the post-codeine era](#). Canadian Paediatric Society, 2021.
- [Consensus statement for the prescription of pain medication at discharge after elective adult surgery](#). Clarke HA, Manoo V, Pearsall EA, et al. Can J Pain. 2020 Mar 8;4(1):67-85.
- [Methadone for analgesia guidelines](#). College of Physicians and Surgeons of BC, 2019.
- [Position statement: managing pain and distress in children undergoing brief diagnostic and therapeutic procedures](#). Canadian Paediatric Society, 2019.
- [Canadian Urological Association best practice report on chronic scrotal pain](#). Jarvi KA, Wu C, Nickel JC, et al. Can Urol Assoc J. 2018 Jun;12(6):161-72.
- [COA position statement: opioids and orthopaedic surgical practice](#). The Canadian Orthopaedic Association, 2018.
- [No. 164-consensus guidelines for the management of chronic pelvic pain](#). Jarrell JF, Vilos GA, Allaire C, et al. J Obstet Gynaecol Can. 2018 Nov;40(11):e747-e87.

- [No. 355-physiologic basis of pain in labour and delivery: an evidence-based approach to its management](#). Bonapace J, Gagné GP, Chaillet N, et al. J Obstet Gynaecol Can. 2018 Feb;40(2):227-45.
- [Treatment of opioid use disorder during pregnancy: guideline supplement](#). British Columbia Centre on Substance Use, BC Ministry of Health, 2018.
- [Evidence-informed primary care management of low back pain](#). Toward Optimized Practice. 3rd ed., 2017.
- [Guideline for opioid therapy and chronic noncancer pain](#). CMAJ 2017;189(18):E659-E666.
- [Guidelines on management of pain in cancer and/or palliative care](#). Cancer Care Ontario, 2017.
- [Pharmacologic management of chronic neuropathic pain: review of the Canadian Pain Society consensus statement](#). Can Fam Physician 2017;63:844-52.

Videos

- [Ankle block](#). Fleisher et al, 2020.
- [Axillary block](#). Fleisher et al, 2020.
- [Digital nerve block](#). Fleisher et al, 2020.
- [Local anaesthesia](#). Thomsen TW, et al, editors, 2017.
- [Nerve blocks of the lower extremities](#). Andruchow JE, et al, 2017.
- [Nerve blocks of the upper extremities](#). Thomsen TW, et al, editors, 2017
- [Nerve blocks of the face](#). Thomsen TW, et al, editors, 2017

Additional nerve block procedural videos are located within [Clinical Key](#). In the menu next to the search box select **Procedure Videos** from the list of options and then enter "nerve block" into the search box.

Print books

College registrants with library services may borrow any of the following books, which can be sent via mail including free return postage. Contact the library by email (medlib@cpsbc.ca) or [web form](#) to request a book. If you have more than one address on file with the College, be sure to indicate where you would like the book to be sent.

- [Bonica's management of pain](#). Ballantyne JC, Fishman SM, Rathmell JP, editors. 5th ed., 2019.
- [Neuropathic pain: a case-based approach to practical management](#). Chen J, editor, 2019.
- [The American Society of Addiction Medicine handbook on pain and addiction](#). Robeck IR, Malinoff HL, Pohl MI, Waller RC, Weaver MF, Weiner MA, Haning WF, editors, 2018.
- [Diagnosis and management of neck and back pain in primary care](#). Collins RD, 2018.

- [Pain management secrets](#). Argoff CE, Dubin A, Pilitsis J. 4th ed., 2018.
- [A practical approach to regional anesthesiology and acute pain medicine](#). Neal JM, et al., editors. 5th ed., 2018.
- [Atlas of pain management injection techniques](#). Waldman SD. 4th ed., 2017.
- [Cognitive therapy for chronic pain: a step-by-step guide](#). Thorn BE. 2nd ed., 2017.
- [Principles and practice of pain medicine](#). Bajwa ZH, Wootton RJ, Warfield CA, editors. 3rd ed., 2017.
- [Sinus headache, migraine, and the otolaryngologist: a comprehensive clinical guide](#). Mehle ME, editor, 2017.
- [Urological and gynaecological chronic pelvic pain: current therapies](#). Moldwin RM, editor, 2017.

A list of recent materials for loan or online access available from the College library on the topic of pain management: [Pain resources - College catalogue](#).

Custom literature searches

Need more specific information? Ask the library to perform a literature search tailored to your information needs. Contact us at medlib@cpsbc.ca or use the [literature search form](#).

Contact the library

[Contact the library](#) for further information on pain management resources or any other library services available to you as a College registrant.