**READING LIST**

**Planetary Health Resources**

A selected list of resources on the topic of planetary health (the effects of climate change and other environmental factors on health) available through the College library. Enter your CPSID and password to access the e-resources.

**Note:** Resources and links are provided for general reference only and are not considered College policy.

**Ebooks**


**Ebook chapters**

The links in the list below will take you to the ebook. Select the chapter of interest in the table of contents. Additional book chapters from print books are on the last page of this list.


**Guidelines**


**Selected articles: general and overviews**

Review articles with a focus on practical tips for clinical use.


### Selected articles: sustainability

Review articles with a focus on practical tips for clinical use.


**Selected articles: mental distress as a consequence of climate change**

Review articles with a focus on practical tips for clinical use.


• **Global climate change and mental health.** Palinkas LA, Wong M. Curr Opin Psychol. 2020 Apr;32:12-6.


**Selected articles: specific populations and interventions**

Review articles with a focus on practical tips for clinical use.


• **Particulate matter inhalation and the exacerbation of cardiopulmonary toxicity due to metabolic disease.** Kobos L, Shannahan J. Exp Biol Med (Maywood). 2021 Apr;246(7):822-34.


• **Pollution and respiratory disease: can diet or supplements help? A review.** Whyand T, Hurst JR, Beckles M, Caplin ME. Respir Res. 2018 May 2;19(1):79.


**Selected viewpoints and commentaries**

• The climate gap and the color line - racial health inequities and climate change. Morello-Frosch R, Obasogie OK. N Engl J Med. 2023 Mar 9;388(10):943-9. [Request a copy]

• Understanding climate anxiety: what decision-makers, health care providers, and the mental health community need to know to promote adaptive coping. Heeren A, Asmundson GJG. J Anxiety Disord. 2023 Jan;93:102654.

• **Hopeful not helpless: how doctors are combating climate change.** Mahase E. BMJ. 2022 Oct 10;379:o2429.


• **Towards healthy one planet cities and communities: planetary health promotion at the local level.** Hancock T. Health Promot Int. 2021 Dec 13;36(Supplement_1):i53-i63.


• **Adapting to the effects of climate change in the practice of dermatology-a call to action.** Coates SJ, McCalmont TH, Williams ML. JAMA Dermatol. 2019 Apr 1;155(4):415-6.
• **Beyond science and technology: creating planetary health needs not just ‘head stuff’, but social engagement and ‘heart, gut and spirit’ stuff.** Hancock T. Challenges. 2019;10(1):31.


**Online resources**


• Publications - healthy living: **air quality** and **climate change and health.** Health Canada. 2022.

• **Canadian centre for climate services.** Government of Canada. 2021.

• **Emergency management guidebook for health care clinics and Emergency management workbook for health care clinics.** Thompson Region Division of Family Practice, Kootenay Boundary Division of Family Practice, [2021].

  o To look for similar documents from other BC regions, go to the website of the **Divisions of Family Practice**, and hover over "Divisions in BC" in the top menu. Select your region, and look for a link to Resources. Please note: availability varies.

• **Message from the BC coroners service re: heat-related deaths.** Baidwan J, 2021.

• **Heat response plans: summary of evidence and strategies for collaboration and implementation.** National Center for Environmental Health (U.S.). Division of Environmental Hazards and Health Effects. Climate and Health Program., 2020.


• **The academic health institutions’ declaration on planetary health.** Association of Faculties of Medicine of Canada’s Declaration on Planetary Health Development Committee. [n.d.].

• **Climate change and health.** Canadian Medical Association, [n.d.].

• **Climate change [NEJM group series].** New England Journal of Medicine. [n.d.].

• **Global warming of 1.5 °C.** Intergovernmental Panel on Climate Change, [n.d.].

• **Health emergency response and personal preparedness.** Government of British Columbia, [n.d.].

• **PaRx: a prescription for nature.** BC Parks Foundation, [n.d.].

• **Playbooks.** CASCADES Canada. [n.d.].
Print book chapters

College registrants with library services may borrow any of the following books, which can be sent via mail including free return postage. One chapter of any book may be scanned and emailed. Contact the library by email (medlib@cpsbc.ca) or web form to request a book or chapter. If you have more than one address on file with the College, be sure to indicate where you would like the book to be sent.


Looking for something more specific? College registrants with library services can ask for a literature search on a planetary health-related topic via the literature search web form or medlib@cpsbc.ca. Questions on topics other than planetary health are also welcome!