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Race and Health Equity Resources

A selected list of resources on the topic of race and health equity available through the College library.

Note: Resources and links are provided for general reference only and are not considered College policy.

Contents

If a resource belongs to more than one category, then it is listed in all relevant categories:

- [Health equity and social justice](#)
- [Race and racism resources](#)
- [Indigenous resources](#)
- [Clinical resources](#)
- [Clinical resources: specific populations](#)

Feedback and suggestions

We have attempted to select respectful content that reflects current mores and needs. However, the list is not comprehensive nor flawless. We welcome feedback and suggestions. Please contact us at medlib@cpsbc.ca.

Resources

For each resource listed below, electronic and Canadian resources are indicated in the respective columns.

Electronic resources are ebooks, websites, online documents, and online journals and articles. Some of the resources are available freely on the web, and others require login.

Canadian resources are produced by Canadian authors, institutions, or publishers or include notable amounts of Canadian-focused content.

Resources which are not available online may be requested from the library via email (medlib@cpsbc.ca) or via the [general requests form](#). Please note that during the pandemic, books and other materials located on-site may not be available on a rush basis.

Health equity and social justice

Resource	Electronic	Canadian
The unequal pandemic: COVID-19 and health inequalities . Bambra CL, Lynch J, Smith KE, 2021.		
Division of Social Accountability: External resources . University of Saskatchewan, College of Medicine, Division of Social Accountability, 2020. The University of Saskatchewan College of Medicine's Division of Social Accountability has a comprehensive resource page covering a variety of topics, including social accountability in practice, allyship, racism, discrimination and marginalization, and cultural safety.	✓	✓
Ethical foundations of health equity: a curated list . National Collaborating Centre for Determinants of Health (NCCDH), 2020.	✓	✓
Chapter 10, The harm of ableism: medical error and epistemic injustice. Reynolds JM, Peña-Guzmán D. In: Allhoff F, Borden SL, editors. Ethics and error in medicine , 2020. p. 167.	✓	
Health resource library . National Collaborating Centre for Determinants of Health (NCCDH), 2020. To use this resource, look at the Filter By Topic option on the right-hand side. Select <i>Racism/racialization</i> . Scroll to the bottom of the page and click <i>Search</i> .	✓	✓
Tackling causes and consequences of health inequalities: a practical guide . Matheson J, 2020.	✓	
The coin model of privilege and critical allyship: implications for health . Nixon SA. BMC Public Health. 2019 Dec 5;19(1):1637.	✓	
Under-served: health determinants of Indigenous, inner-city, and migrant populations in Canada . Arya AN, Piggott T, editors, 2018.	✓	✓
Liberation in the exam room: racial justice and equity in health care . South Jamaica Plain Health Center, 2017. This is a concise guide about health equity and the practice of medicine. Downloading the PDF requires a free login.	✓	
Medical management of vulnerable and underserved patients: principles practice, and populations . King TE, Wheeler MB, 2016.	✓	

Place, health, and diversity: learning from the Canadian experience. Giesbrecht MD, Crooks VA, editors, 2016.	✓	✓
Becoming an ally: breaking the cycle of oppression in people. Bishop A. 3rd ed., 2015.		✓
Everyday bias: identifying and navigating unconscious judgements in our daily lives. Ross HJ, 2014. The 2020 update is available in print .	✓	
Oppression: a social determinant of health. McGibbon E, 2012.		✓
Health inequities in Canada: intersectional frameworks and practices. Hankivsky O, 2011.		✓
Health justice: an argument from the capabilities approach. Venkatapuram S, 2011.	✓	
Health and social justice. Ruger J, 2010.		
National health insurance in the United States and Canada: race, territory, and the roots of difference. Boychuk GW, 2008.		✓
Just health: meeting health needs fairly. Daniels N, 2007.		
Social justice: the moral foundations of public health and health policy. Powers M, Faden R, 2006.		
Health and the good society: setting healthcare ethics in social context. Cribb A, 2005.		
Perspectives on health and human rights. Gruskin S, editor, 2005.		

Electronic resources can be accessed directly from the links above. Print resources can be requested from medlib@cpsbc.ca or through the [Library General Requests](#) form.

Race and racism resources

Resource	Electronic	Canadian
Everyone must address anti-Black racism in health care: steps for non-Black health care professionals to take. Salles A AV, Mitchell K. JAMA. 2021;326(7):601–2.		

Implementing anti-racism interventions in healthcare settings: a scoping review . Hassen N, Lofters A, Michael S, Mall A, Pinto AD, Rackal J. <i>Int J Environ Res Public Health</i> . 2021 Mar 15;18(6).	✓	
The Routledge international handbook of race, culture and mental health . Moodley R, Lee E, editors, 2021.	✓	
Inclusify: the power of uniqueness and belonging to build innovative teams . Johnson SK, 2020.		
Let's talk: whiteness and health equity . National Collaborating Centre for Determinants of Health (NCCDH), 2020.	✓	✓
Measuring the effects of racism: guidelines for the assessment and treatment of race-based traumatic stress injury . Carter RT, Pieterse AL, 2020.	✓	
Chapter 8, Medical overtesting and racial distrust . Goleman L. In: Allhoff F, Borden SL, editors. Ethics and error in medicine , 2020. p. 121.	✓	
Racism in medicine . <i>BMJ</i> ;368(8233), 2020. This February 2020 special issue of <i>BMJ</i> focuses on racism in medical practice and education.	✓	
Eliminating race-based mental health disparities: promoting equity and culturally responsive care across settings . Williams MT, Rosen DC, Kanter J, editors, 2019.	✓	
Key public health resources for anti-racism action: a curated list . National Collaborating Centre for Determinants of Health (NCCDH), 2018.	✓	✓
White fragility: why it's so hard for White people to talk about racism . DiAngela RJ, 2018.		
Let's talk: racism and health equity . National Collaborating Centre for Determinants of Health (NCCDH), 2017.	✓	✓
Seven fallen feathers: racism, death, and hard truths in a northern city . Talaga T, 2017.		✓
Black man in a white coat: a doctor's reflections on race and medicine . Tweedy D, 2016.		
Black & blue: the origins and consequences of medical racism . Hoberman J, 2012.		

Mental health, race and culture . Fernando S, 2010.		
Race and well-being: the lives, hopes and activism of African Canadians . Benjamin A, Este D, James C, Lloyd B, Bernard WT, Turner T, 2010.		✓
Anti-racist health care practice . McGibbon E, Etowa J, 2009.		✓
National health insurance in the United States and Canada: race, territory, and the roots of difference . Boychuk GW, 2008.		✓
Re-visioning family therapy: race, culture, and gender in clinical practice . McGoldrick M, Hardy KV, 2008.		

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Indigenous resources

Resource	Electronic	Canadian
Believe me: health equity for sexual and gender diverse communities . Sexual and Gender Diversity Health Equity Collaborative, 2021.	✓	✓
Indigenous-specific cultural safety within health and dementia care: a scoping review of reviews . Chakanyuka C, Bacsu JR, DesRoches A, Dame J, Carrier L, Symenuk P, O'Connell ME, Crowshoe L, Walker J, Bourque Bearskin L. Soc Sci Med. 2021 Dec 16;293:114658.	✓	✓
Living in Indigenous sovereignty . Carlson-Manathara E, Rowe G, 2021.		✓
Characteristics of Indigenous healing strategies in Canada: a scoping review . Yu Z, Steenbeek A, Biderman M, Macdonald M, Carrier L, MacDonald C. JBI Evid Synth. 2020 Aug 21;18(12):2512-55.	✓	✓
Fighting for a hand to hold: confronting medical colonialism against Indigenous children in Canada . Shaheen-Hussain S, 2020.	✓	✓
Reproduction on the reservation: pregnancy, childbirth, and colonialism in the long twentieth century . Theobald B, 2019.	✓	
21 things you may not know about the Indian Act: helping Canadians make reconciliation with Indigenous Peoples a reality . Joseph RPC, 2018.		✓
All our relations: finding the path forward . [Indigenous youth suicide]. Talaga T, 2018.	✓	✓

Determinants of Indigenous peoples' health: beyond the social . Greenwood M, de Leeuw S, Lindsay NM, editors., 2nd ed., 2018.		✓
Overcoming barriers to culturally safe and appropriate dementia care services and supports for Indigenous peoples in Canada . Halseth R, 2018.	✓	✓
Under-served: health determinants of Indigenous, inner-city, and migrant populations in Canada . Arya AN, Piggott T, editors, 2018.	✓	✓
Aboriginal cultural practices: a guide for physicians and allied health professionals working at VCH . Vancouver Coastal Health, 2017.	✓	✓
Indigenous cultures and mental health counselling: four directions for integration with counselling psychology . Stewart SL, Moodley R, Hyatt A, editors, 2017.	✓	✓
Medicine unbundled: a journey through the minefields of indigenous health care . Geddes G, 2017.		✓
The reconciliation manifesto: recovering the land, rebuilding the economy . Manuel A, Derrickson RM, 2017.		✓
Seven fallen feathers: racism, death, and hard truths in a northern city . Talaga T, 2017.		✓
An introduction to the health of two-spirit people: historical, contemporary and emergent issues . Hunt S, 2016.	✓	✓
Separate beds: a history of Indian hospitals in Canada, 1920s-1980s . Lux MK, 2016.		✓
Unsettling Canada: a national wake-up call . Manuel A, Derrickson RM, 2015.		✓
Strong women, strong nations: Aboriginal maternal health in British Columbia . Smylie J, 2014.	✓	✓
Written as I remember it: teachings (ʔəms taʔaw) from the life of a Sliammon elder . Paul E, 2014. Also available: in print .	✓	✓
Canada's most vulnerable: improving health care for First Nations, Inuit and Métis seniors . Health Council of Canada, 2013.	✓	✓
Introduction to Aboriginal health and health care in Canada: bridging health and healing . Douglas VK, 2013.		✓

Empathy, dignity, and respect: creating cultural safety for Aboriginal people in urban health care . Health Council of Canada, 2012.	✓	✓
Understanding and improving Aboriginal maternal and child health in Canada: conversations about promising practices across Canada . Health Council of Canada, 2011.	✓	✓
Inutsiaqpagutit = That which enables you to have a good life: supporting Inuit early life health . Tagalik S, 2010.	✓	✓
Unsettling the settler within: Indian residential schools, truth telling, and reconciliation in Canada . Regan P, 2010. Also available: in print .	✓	✓
The crisis of chronic disease among Aboriginal peoples: a challenge for public health, population health and social policy . Reading J, 2009.	✓	✓
Healing traditions: the mental health of Aboriginal peoples in Canada . Kirmayer LJ, Valaskakis GG, editors, 2009.		✓
Aboriginal health in Canada: historical, cultural, and epidemiological perspectives . Waldram JB, Herring DA, Young TK, 2006.		✓
What nurses should know when working in Aboriginal communities . Foster CH. Can Nurse. 2006 Apr;102(4):28-31.	✓	✓

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Clinical resources

Resource	Electronic	Canadian
Part II, Caring for Diverse Populations . Wignall J. et al. In: Evans YN, Docter AD, editors. Adolescent nutrition: assuring the needs of emerging adults , 2020. p237-392.	✓	
Culture, diversity and mental health – enhancing clinical practice . Zangeneh M, Al-Krenawi A, editors, 2019.	✓	✓
Handbook for culturally competent care . Purnell LD, Fenkl EA, 2019.	✓	
Aboriginal cultural practices: a guide for physicians and allied health professionals working at VCH . Vancouver Coastal Health, 2017.	✓	✓

Indigenous cultures and mental health counselling: four directions for integration with counselling psychology . Stewart SL, Moodley R, Hyatt A, editors, 2017.	✓	✓
Strengthening the DSM: incorporating resilience and cultural competence . Petrovich A, Garcia B, 2016.	✓	
Taylor and Kelly's dermatology for skin of color . Kelly AP, Taylor SC, editors, 2016.	✓	
Cultural competency skills for health professionals: a workbook for caring across cultures . Waugh EH, Parent R, Szafran O, Triscott JAC, 2014.		✓
Communication skills for foreign and mobile medical professionals . van de Poel K, Vanagt E, Schrimpf U, Gasiorek J, 2013.		
Cultural competency for the health professional . Rose PR, 2013.		
Cultural psychiatry . Alarcon RD, 2013.		
Transcultural health care: a culturally competent approach . Purnell LD, 2013.		
Cultural adaptations: tools for evidence-based practice with diverse populations . Bernal G, Domenech MM, editors, 2012.		
Empathy, dignity, and respect: creating cultural safety for Aboriginal people in urban health care . Health Council of Canada, 2012.	✓	✓
Anti-racist health care practice . McGibbon E, Etowa J, 2009.		✓
Doorway thoughts: cross-cultural health care for older adults . American Geriatrics Society, Ethnogeriatrics Steering Committee, 2004-2009.		
Mental health in a multi-ethnic society: a multidisciplinary handbook . Fernando S, Keating F, editors, 2009.		
Addressing cultural complexities in practice: assessment, diagnosis, and therapy . Hays PA, 2008.		
Interviewing clients across cultures: a practitioner's guide . Fontes LA, 2008.		
Principles of multicultural counseling and therapy . Gielen UP, Draguns JG, Fish JM, editors, 2008.		

Re-visioning family therapy: race, culture, and gender in clinical practice. McGoldrick M, Hardy KV, 2008.		
The healthcare professional's guide to clinical cultural competence. Srivastava R, 2007.		✓
Handbook of multicultural perspectives on stress and coping. Wong PTP, Wong LCJ, 2006.		
Cross-cultural caring: a handbook for health professionals. Waxler-Morrison N, 2005.		✓

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Clinical resources: specific populations

Resource	Electronic	Canadian
Development and pilot test of a culturally relevant toolkit to enhance advance care planning with Chinese American patients. Dhingra L, Lam K, Cheung W, Hynes G, Fleming-Damon C, Hicks S, Huang P, Chen J, Chang V, Portenoy R. J Pain Symptom Manage. 2021 Sep;62(3):e186-e191. The supplementary materials may be of particular interest for clinical practice.	✓	
Perspective on cultural competency: A review of Chinese culture. Cannon M, Tsang C. Nursing. 2018 Dec;48(12):56-60.	✓	
Caring for Chinese-American home care patients. He Q. Home Healthc Now. 2017 Apr;35(4):211-4.	✓	
Communication challenges and strategies of U.S. health professionals caring for seriously ill South Asian patients and their families. Khosla N, Washington KT, Shaunfield S, Aslakson R. Journal of Palliative Medicine. 2017;20(6):611-7.	✓	
Caring for Asian immigrants: tips on culture that can enhance patient care. Juckett G, Nguyen C, Shahbodaghi SD. J Fam Pract. 2014 Jan;63(1):E1-9.	✓	
Caring for Latino patients. Juckett G. Am Fam Physician. 2013 Jan 1;87(1):48-54.	✓	
Strategies for providing cultural competent health care for Hmong Americans. Cobb TG. J Cult Divers. 2010 Fall;17(3):79-83.	✓	

A culturally competent model of care for African Americans. Campinha-Bacote J. Urol Nurs. 2009 Jan-Feb;29(1):49-54.	✓	
Caring for Arab patients: a biopsychosocial approach. Nasir LS, Abdul-Haq AK, editors, 2008.		
Interviewing techniques for the Asian-American population. Barrett S. J Psychosoc Nurs Ment Health Serv. 2006 May;44(5):29-34.	✓	
The Asian skin: a reference color atlas of dermatology. Goh CL, Chua SH, Ng SK, 2005.		
Caring for your Black patients. Pennachio DL. Med Econ. 2005 Feb 4;82(3):58-60, 2-4.	✓	
Culturally appropriate end-of-life care for the Black American. West SK, Levi L. Home Healthc Nurse. 2004 Mar;22(3):164-8.	✓	
Culturally responsive care for Hmong patients. Collaboration is a key treatment component. Her C, Culhane-Pera KA. Postgrad Med. 2004 Dec;116(6):39-42, 5-6.		

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