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# Virtual Care Resources

A selected list of resources on the topic of virtual care, also known as telehealth, available through the College library. Electronic resources are listed first, followed by print resources. Enter your CPSID and password to access the e-resources.

There is an emphasis on virtual visits with patients, rather than remote consultations with other health-care professionals, however, some resources may discuss both.

**Note:** Resources and links are provided for general reference only and are not considered College policy.

## Ebooks

- [Telemedicine in orthopedic surgery and sports medicine: development and implementation in practice](#). Atanda A, Lovejoy JF, editors, 2021.
- [Telemedicine, telehealth and telepresence: principles, strategies, applications, and new directions](#). Latifi R, Doarn CR, Merrell RC, editors., 2021.
- [Fundamentals of telemedicine and telehealth](#). Gogia S et al, editors., 2020.
- [Telemental health and distance counseling: a counselor's guide to decisions, resources, and practice](#). Robertson HC, 2020.
- [Telerehabilitation in communication disorders and mental health](#). Gupta SK, editor, 2020.
- [Understanding telehealth](#). Rheuban KS, Krupinski EA, editors, 2018.
- [The role of telehealth in an evolving health care environment: workshop summary](#). Lustig TA, Board on Health Care Services, Institute of Medicine of the National Academies, 2012.

## Ebook chapters

The links in the list below will take you to the ebook. Please select the chapter of interest in the table of contents.

- **Chapter 33, Technology in the care of older adults.** Willham K, Lo D. In: Walter LC, Chang A, Chen P, et al, editors. [Current diagnosis & treatment: geriatrics](#), 3rd ed., 2021.
- **Chapter 16, Remote monitoring and home hemodialysis.** Wentworth D, Abdel-Rahman EM. In: Knicely DH, Abdel-Rahman EM, Greenberg KI, editors. [Handbook of home hemodialysis](#), 2020.
- **Chapter 68, Telemedicine.** Doarn CR. In: South-Paul JE, Matheny SC, Lewis EL, editors. [Current diagnosis & treatment: family medicine](#), 5th ed., 2020.
- **Chapter 130, Telemedicine applications in geriatrics.** Gray LC. In: Fillit H, Rockwood K, Brocklehurst JC, Young J. [Brocklehurst's textbook of geriatric medicine and gerontology](#), 8th ed., 2017.

- **Chapter 104, Telemedicine in the wilderness.** Pitman JT, Weisman AK, Harris NS. In: Auerbach PS, Cushing TA, Harris NS, editors. [Auerbach's wilderness medicine](#), 7th ed., 2017.

### **Selected articles: General and family practice**

Review articles with a focus on practical tips for clinical use.

- [How to conduct written online consultations with patients in primary care.](#) Bakhai M, Atherton H. *BMJ*. 2021 Feb 24;372:n264.
- [Telemedicine and team-based care: the perils and the promise.](#) Sinsky CA, Jerzak JT, Hopkins KD. *Mayo Clin Proc*. 2021 Feb;96(2):429-37.
- [Connecting with older adults via telemedicine.](#) Nieman CL, Oh ES. *Ann Int Med*. 2020 Nov;173(10):831-2.
- [Webside manner during the COVID-19 pandemic: maintaining human connection during virtual visits.](#) Chua IS, Jackson V, Kamdar M. *J Palliat Med*. 2020 Nov;23(11):1507-9.
- [Implementation of synchronous telemedicine into clinical practice.](#) Khosla S. *Sleep Med Clin*. 2020 Sep;15(3):347-58.
- [Pitfalls in telemedicine consultations in the era of COVID 19 and how to avoid them.](#) Iyengar K, Jain VK, Vaishya R. *Diabetes Metab Syndr*. 2020 Sep-Oct;14(5):797-9.
- [Video consultations in primary and specialist care during the covid-19 pandemic and beyond.](#) Car J, Koh GC, Foong PS, Wang CJ. *BMJ*. 2020 Oct 20;371:m3945.
- [Clinical examination component of telemedicine, telehealth, mHealth, and connected health medical practices.](#) Weinstein RS, Krupinski EA, Doarn CR. *Med Clin North Am*. 2018 May;102(3):533-44.
- [Telephone consultations.](#) van Galen LS, Car J. *BMJ*. 2018 Mar 29;360:k1047.
- [Telehealth services in rural and remote Australia: a systematic review of models of care and factors influencing success and sustainability.](#) Bradford NK, Caffery LJ, Smith AC. *Rural Remote Health*. 2016 Oct-Dec;16(4):3808.

### **Selected articles: Specialist and specific circumstances**

Review articles with a focus on practical tips for clinical use.

- [Psychotherapy at a distance.](#) Markowitz JC, Milrod B, Heckman TG, et al. *Am J Psychiatry*. 2021 Mar 1;178(3):240-6.
- [The telemedicine musculoskeletal examination.](#) Laskowski ER, Johnson SE, Shelerud RA, Lee JA, Rabatin AE, Driscoll SW, Moore BJ, Wainberg MC, Terzic CM. *Mayo Clin Proc*. 2020 Aug;95(8):1715-31.
- [Using continuous quality improvement to design and implement a telepsychiatry program in rural Illinois.](#) Mahmoud H, Vogt EL, Dahdouh R, Raymond ML. *Psychiatric Services*. 2020 August;71(8):860-3.
- [Video consultations in primary and specialist care during the covid-19 pandemic and beyond.](#) Car J, Koh GC, Foong PS, Wang CJ. *BMJ*. 2020 Oct 20;371:m3945.

- [Personalized implementation of video telehealth](#). Lindsay JA, Day SC, Amspoker AB, et al. Psychiatr Clin North Am. 2019 Dec;42(4):563-74.
- [Clinical update: telepsychiatry with children and adolescents](#). J Am Acad Child Adolesc Psychiatry. 2017 Oct;56(10):875-93.
- [Considerations for conducting telemental health with children and adolescents](#). Nelson EL, Cain S, Sharp S. Child Adolesc Psychiatr Clin N Am. 2017 Jan;26(1):77-91.

#### **Guidelines: General and family practice**

- [Consensus on criteria for good practices in video consultation: a Delphi study](#). Jiménez-Rodríguez D, Ruiz-Salvador D, Rodríguez Salvador MDM, et al. Int J Environ Res Public Health. 2020 Jul 27;17(15).
- [How to set up virtual care in your practice](#). Canadian Medical Association, 2020.
- [Telemedicine and smart working: recommendations of the European Association of Urology](#). Rodríguez Socarrás M, Loeb S, Teoh JY, et al. Eur Urol. 2020 Dec;78(6):812-9.
- [Virtual care playbook](#). Canadian Medical Association, College of Family Physicians of Canada, Royal College of Physicians and Surgeons of Canada, 2020.
- [Telehealth etiquette training: a guideline for preparing interprofessional teams for successful encounters](#). Gustin TS, Kott K, Rutledge C. Nurse Educ. 2020 Mar/Apr;45(2):88-92.
- [FMRAC framework on telemedicine](#). Federation of Medical Regulatory Authorities of Canada, 2019.
- [Telehealth guidelines and practical tips](#). Royal Australasian College of Physicians, [n.d.].

#### **Guidelines: Specialist and specific circumstances**

- [The focused neurosurgical examination during telehealth visits: guidelines during the covid-19 pandemic and beyond](#). Basil G, Luther E, Burks JD, et al. Cureus. 2021 Feb 23;13(2):e13503.
- [Guidelines for conducting virtual cognitive interviews during a pandemic](#). Shepperd JA, Pogge G, Hunleth JM, Ruiz S, Waters EA. J Med Internet Res. 2021 Mar 11;23(3):e25173.
- [Cardiac rehabilitation during the COVID-19 era: guidance on implementing virtual care](#). Moulson N, Bewick D, Selway T, et al. Can J Cardiol. 2020 Aug;36(8):1317-21.
- [Evaluating the telehealth experience of patients with COVID-19 symptoms: recommendations on best practices](#). Khairat S, Pillai M, Edson B, Gianforcaro R. J Patient Exp. 2020 Oct;7(5):665-72.
- [InterOrganizational practice committee recommendations/guidance for teleneuropsychology \(TeleNP\) in response to the COVID-19 pandemic](#). Bilder RM, Postal KS, Barisa M, et al. Clin Neuropsychol. 2020 Oct-Nov;34(7-8):1314-34.
- [Practical guidance for early identification of barriers in surgical telehealth clinics](#). Kemp MT, Williams AM, Brown CS, et al. Ann Surg. 2020 Nov 17.
- [Providing virtual care during a pandemic: a guide to telemedicine in the paediatric office](#). Sharon R, 2020.

- [Telemedicine for preoperative assessment during a COVID-19 pandemic: recommendations for clinical care](#). Mihalj M, Carrel T, Gregoric ID, et al. Best Pract Res Clin Anaesthesiol. 2020 Jun;34(2):345-51.
- [Telemonitoring for patients with COVID-19: recommendations for design and implementation](#). Silven AV, Petrus AHJ, Villalobos-Quesada M, et al. J Med Internet Res. 2020 Sep 2;22(9):e20953.
- [The virtual neurologic exam: Instructional videos and guidance for the COVID-19 era](#). Al Hussona M, Maher M, Chan D, et al. Can J Neurol Sci. 2020 Sep;47(5):598-603.
- [Canadian stroke best practice recommendations: telestroke best practice guidelines update 2017](#). Blacquiere D, Lindsay MP, Foley N, et al. Int J Stroke. 2017 Oct;12(8):886-95.
- [Clinical update: telepsychiatry with children and adolescents](#). J Am Acad Child Adolesc Psychiatry. 2017 Oct;56(10):875-93.
- [Guidelines for the practice of telepsychology](#). Am Psychol. 2013 Dec;68(9):791-800.
- [Practice parameter for telepsychiatry with children and adolescents](#). Myers K, Cain S. J Am Acad Child Adolesc Psychiatry. 2008 Dec;47(12):1468-83.

### Print books

College registrants with library services may borrow any of the following books, which can be sent via mail including free return postage. Contact the library by email ([medlib@cpsbc.ca](mailto:medlib@cpsbc.ca)), [web form](#), or phone (604-733-6671) to request a book. If you have more than one address on file with the College, be sure to indicate where you would like the book to be sent.

- [Remote medicine: a textbook for trainee and established remote healthcare practitioners](#). Norman N, Valentine MJ, editors, 2020.
- [Pediatric telephone protocols: office version](#). Schmitt BD, 2019.
- [Telemedicine for trauma, emergencies, and disaster management](#). Latifi R, editor, 2011.

### Other sources

- [Telemedicine resources](#). CADDRA, c2021. Provides links to standards and guidelines from Canadian medical regulators, academic institutions, professional associations, etc. on operating virtual clinics, telemedicine, and online prescribing.
- [Telemedicine and virtual care guidelines \(and other clinical resources for COVID-19\)](#). Royal College of Physicians and Surgeons of Canada, 2020.
- [Telehealth and virtual care](#). CMPA, [n.d.].
- [Virtual care guides & toolkits](#). Doctors of BC, [n.d.].

Looking for something more specific? College registrants with library services can ask for a literature search on a virtual-care-related topic via the [literature search web form](#) or [medlib@cpsbc.ca](mailto:medlib@cpsbc.ca). Questions on topics other than virtual care are also welcome!