

Sample Progress Report – Psychiatry

Note: This document is intended as an example of what a progress note could look like in an electronic medical record.

PROGRESS NOTE - PSYCHIATRY	
Appointment Date: 2018-09-28 <input type="checkbox"/>	Dictation Date: 2018-09-28 <input type="checkbox"/> Includes time of appointment
Active Medications: sertraline HCL 100 mg Oral Capsule 1 Capsule(s) QD X 1 Mth28	Includes any adherence and/or adverse effects issues
<i>Note: "Active Medications" list includes those prescribed by me.</i>	
External Medications: None Recorded	Includes medications not prescribed by me
PROBLEMS/PROGRESS	
Stressor(s) Recent/Active: 2018-09-14 Legal - Restraining order (i.e. Access to patient's spouse and children): 2018-09-14- Ovrturned 2018-09-14 Health Problems - Mother: Cancer	
Patient Health Questionnaire - 9 item: - Total score = - Item #9 = - Screened = - Difficulty functioning = (*Note: 0 = None, 1 = Mild, 2 = Moderate, 3 = Severe, 4 = Very severe) - Symptom Amplification (None identified if blank):	Data can be auto-populated if added to lab result
Generalized Anxiety Questionnaire - 7 item: - Total score = - Symptom Amplification (None identified if blank):	
<input type="checkbox"/>	Includes target symptom/functioning review, substance use, medical issues
MENTAL STATUS EXAMINATION	
<input type="checkbox"/>	
Psychotherapy: 2018-09-12 Cognitive Reprocessing Therapy (CPT) - Processing the Index Event	
<input type="checkbox"/>	Includes "homework" review and in session process/response issues
IMPRESSION	
<input type="checkbox"/>	
DSM 5 Problem History: 2018-09-14 Major Depressive Disorder, Recurrent episode, In full remission	
PLAN	
- Substance Use: <input type="checkbox"/>	If no issues then note "none active-cont. monitor"
- Psychotherapy: <input type="checkbox"/>	
- Psychopharmacology: <input type="checkbox"/>	
- Rx:	2018-09-14 sertraline HCL 100 mg Oral Capsule 1 Capsule(s) QD X 1 Mth28
- Other: <input type="checkbox"/>	
- Follow-up: <input type="checkbox"/>	Includes medical issues, etc.