Launette Rieb, M.D., MSc, CCFP, FCFP, dip. ABAM is a Clinical Associate Professor in the Department of Family Practice at UBC. She is certified by The American Board of Addiction Medicine and the Canadian Society of Addiction Medicine. She co-developed the St. Paul’s Hospital Goldcreek Addiction Fellowship for which she was the first Physician Director. Dr. Rieb works clinically in chronic pain and addiction rehabilitation at OrkioNorth (Vancouver Pain Clinic), at the ImmuneDeficiency Clinic at St. Paul’s Hospital, and at The Orchard Recovery Centre. She teaches in the Prescribers Course for the College of Physicians and Surgeons of British Columbia and for the Education Committee of the Canadian Society of Addiction Medicine. Currently Dr. Rieb is a NDA sponsored Canadian Addiction Medicine Research Fellow. She is the recipient of a UBC post-graduate teaching award.

WORKSHOP FACULTY
Raschmi Chadha, MBChB, MScCH, CCFP, ABAM (Cert.), MRCPG (Dist.), DRCOG, DCH is a Vancouver-based physician who is dual certified in Addiction Medicine and Family Medicine. She worked as a GP in rural England before moving to Toronto to do a Masters in community and family medicine at the University of Toronto. She completed a one-year fellowship in addiction medicine at CAMH before moving to Vancouver in 2010. She is a Clinical Lecturer in the Department of Family Practice at the University of British Columbia and she currently works at Vancouver General Hospital providing care for inpatients with complex pain and addiction issues. She also has an addictions clinic at South Mental Health and Addiction (VCH) where she has special interests in chronic pain and addiction, opioid dependence, and benzodiazepine tapers. Dr. Chadha has provided specialist addiction consultation to the College of Registered Nurses of BC and WorkSafeBC. She is the Medical Consultant for the Prescription Review Program of the College of Physicians and Surgeons of BC, a peer practice assessor for the college’s Methadone Program and teaches at the college’s biannual Prescribers Course.

Chris Stewart-Patterson, M.D. is an occupational physician and provides consultations on work stress for chronic pain for both employers and unions. He lectures both locally and internationally on disability evaluation. He has clinical experience in general practice, emergency medicine, community psychiatry and multidisciplinary pain programs. He is a clinical instructor in the Faculty of Medicine, University of British Columbia, a senior lecturer at Wellington School of Medicine, University of Otago and visiting lecturer at Harvard Medical School.

Pam Squire, M.D. CCFP, dip. ISAM, CAPIM, CPE is a Clinical Assistant professor in the Department of Family Medicine at the University of British Columbia. Dr. Squire is certified by the International Society of Addiction Society and by the Canadian and American Academies of Pain Management. She was a member of the guidelines committee (2010-2011) for Pain Medicine, the national group mandated to write the curriculum for the new Royal College of Physicians and Surgeons specialty of Pain Medicine. She currently practices in Vancouver B.C. where she has a consultative practice in complex pain, providing assessments and both medical and interventional treatment. She is involved in medical education and curriculum development for both undergraduates and post-graduate physicians. In 2008 she was given the inaugural Helen Hays award for excellence in pain management and in 2016 she was given the Academic Pain Educator of the Year award by the American Society of Pain Educators.

Linda Catherine Turner, RN, PhD, Certified MBSR Instructor, is the manager of Health and Human Services at Langara College in Vancouver, British Columbia, Canada where she also teaches Mindfulness Based Stress Reduction (MBSR). She studied MBSR at the University of Massachusetts Medical Center where she became a certified instructor. She is a registered nurse who has worked extensively with patients in pain in Vancouver, San Francisco and Toronto. Linda completed an interdisciplinary PhD investigating pain and complementary therapies at the University of British Columbia. She has a strong interest in incorporating alternative and complementary modalities into the mainstream of health care and she is the president of the Canadian Holistic Nurses Association.

REGISTRATION INFORMATION
Registration is online at www.tfme.org.
Registration Fee:
Pain & Suffering Symposium: $450 (US)
The Foundation for Medical Excellence is not responsible for any conversion fees charged by your banking institution.
Advanced Skills Building Workshops on Saturday: 1:30-5:00: $225
Refund Policy:
Refunds prior to January 15, 2016 will be charged a $50.00 fee. No refunds after January 16, 2016.
Venue and Accommodations:
Four Seasons Hotel, Vancouver BC
Go to www.fourseasons.com/vancouver/foundation_of_medical_excellence
Enter your arrival and departure dates and number of guests.
Click on Corporate/Group Code and enter Promo Code: 64811FME
For a limited time, a block of rooms is being reserved for seminar registrants at a reduced rate. Contact the hotel early for reservations. 604-689-3533

Continuing Education Credits
Accreditation: The Foundation for Medical Excellence is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.
Credit for the Pain & Suffering Symposium: The Foundation for Medical Excellence designates this live activity for a maximum of 33.0 AMA PRA Category 1 credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity. The course is 22.5 credits. If you complete the pre and post exams you receive an additional 1 credit to reach a max of 10.5.
Credit for the Advanced Interviewing Skills for Chronic Pain Patients Workshop on Saturday afternoon: The Foundation for Medical Excellence designates this live activity for a maximum of 2.5 AMA PRA Category 1 credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.
Credit for the Cognitive Behavioral Approaches to Managing Chronic Pain: Advanced Skills Workshop on Saturday afternoon: The Foundation for Medical Excellence designates this live activity for a maximum of 3.5 AMA PRA Category 1 credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.
College of Family Physicians of Canada: Accreditation approval has been requested for these programs. It is approved by the College of Family Physicians of Canada and the British Columbia Chapter it would be eligible for 15.2 MAINPRO-M1 credits. The course is 22.5 credits. If you complete the pre and post exams you receive an additional 1 credit to reach a max of 10.3. For National and Provincial MAINPRO-M1 programs: “The Saturday workshopping are required for 3.5 credits.”

If you would prefer not to Register Online you may use this form and mail with check to the Foundation for Medical Excellence.

Name
Address
City State Zip
Telephone
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Please register person(s) at $450 for the Pain & Suffering Symposium
Optional Opportunity
Please register (select one) $225 for the Pain & Suffering Symposium
Advanced Skills Building Workshop
Cognitive Behavioral Therapy for Chronic Pain

Method of Payment
The Foundation for Medical Excellence is not responsible for any conversion fees charged by your banking institution.
Check enclosed (payable to TFME) □
Use the following credit card information □ Visa □ MasterCard
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The Assessment and Management of Complex Chronic Pain Patients with a focus on: Marijuana and Tapering High Dose Opioids
February 19 - 20, 2016
Four Seasons Hotel, Vancouver, British Columbia
www.tfme.org
FRIDAY AGENDA — February 19, 2016

Registration and Continental Breakfast
7:15-7:45a
Pre-course Questionnaire (required for CME credit)
7:45-8:00a
Welcome and Course Themes — Barry Egener, M.D.
8:00-8:20a
The Opioid Epidemic-Reversing the Trend and Providing Better Pain Care in North America
Gary M. Franklin, M.D., MPH
The opioid epidemic in the US is likely very similar in Canada and other Western countries; it happens with a group by pain specialists and lobbying by drug-company-funded advocacy groups. Much of what was taught was not evidence-based. In addition, an effort to de-stigmatize opioid use was falsely taught that addiction was rare. What followed was a dramatic increase in doses of opioids. We now know that these increasing doses are strongly correlated with serious overdose events and increasing mortality. In addition, hundreds of thousands have become addicted or dependent. Finally, there is emerging data to support an important contribution of opioids to the initiation and perpetuation of disability in workers’ compensation systems. Reversal of this epidemic is a critical public health goal, and increasing numbers of States, US specialty societies, the Canadian Working Group, and the US Centers for Disease Control are implementing updated guidance on more appropriate opioid use. Key goals of the recent guidance include recommendations to not use opioids routinely for many conditions for which they have low evidence of effectiveness and high evidence of dose dependent harms. We will also cover the alternatives to opioids for addressing chronic pain effectively in practice.

9:15-10:00a
Workplace Safety and Prescribed Medications in Chronic Pain Patients
Paul Farnan, M.B., B.Ch
Simple guidelines in the care of patients with chronic pain include a reduction in their pain and an increase in functioning, hopefully with a normalization of social, recreational and occupational functioning. While drugs are often prescribed for therapeutic purposes, they have the potential to be abused and also the capacity to impair workplace performance. As part of a proactive approach to workplace safety and a safe return to work, prescribers need to be aware that the use of these drugs becomes an occupational health and safety issue if a person’s ability to exercise judgment, coordination and alertness is affected at the workplace, possibly leading to an increased risk of injury.

10:00-10:15a
Questions and Discussion – Panel (Drs. Frankan and Farnan)
10:15-10:30a
Refreshment Break
10:35-11:50a
Interactive Working Group I Selections - Third Level
1 Comprehensive Approach
Gary M. Franklin, M.D., MPH
2 Tapering High Dose Opioids I: The Negotiation
Barry Egener, M.D.
3 Opioid and Benzodiazepine Lowering Strategies
Laurette Rieb, M.D.
4 Effective Approaches for Functional Somatic Syndrome
Chris Stewart-Patterson, M.D
5 The Physical Exam in the Chronic Patient
Paul Squire, M.D.
11:50-12:50p
Lunch, hosted by TFME
Park Ballroom Foyer, Main Lobby Level
12:50-1:30p
Marijuana for Medical Purposes: Weeding the Evidence
Laurette Rieb, M.D.
This session will begin with a brief orientation to the neurobiology of cannabinoids. An overview will be provided of the medical literature on the potential harms and medical uses of cannabinoids with a focus on pain. Finally, highlights from the newest approved cannabinoid guidelines developed by the Canadian College of Family Physicians will be presented.

1:30-2:35p
The Inherited Patient
Andrea Furlan, M.D.
Not all patients on opioid therapy have progressed through the recommended steps of an opioid trial to determine an optimal dose. This situation can arise from various circumstances, e.g., when a patient on long-term opioid therapy transfers from one doctor to another, or when a patient has inadvertently transitioned from receiving opioids for an acute condition to prolonged use. This presentation will offer recommendations on how to manage this situation.
2:35-2:45p
Questions and Discussion – Panel (Drs. Rieb and Furlan)
2:45-2:55p
Refreshment Break
3:00-4:15p
Interactive Working Group II Selections - Third Level
6 The Relationships with the Chronic Pain Patient
Barry Egener, M.D.
7 Examining the Chronic Pain Patient with Shoulder Pain
Paul Squire, M.D.
8 The Inherited Patient: Success Stories from ECHO Ontario
Andrea Furlan, M.D.
9 Treatment Strategies for Patients on Long-term benzodiazepines
Rashmi Chadha, MBCHB, MScCH
10 The Patient with Complex Chronic Pain and the Busy Primary Care Physician: Reflecting on Me and Personal Well-being
Paul Farnan, M.B., B.Ch.
15 Office Approach to Functional Somatic Syndrome
Chris Stewart-Patterson, M.D
11:25-11:45a
Pearls for Implementing What You’ve Learned – Panel (Drs. Farnan and O’Connell)
11:45-1:00p
Refreshment Break
10:05-11:20p
Interactive Working Group III Selections - Third Level
11 Pain Management for Patients with Substance Abuse
Laurette Rieb, M.D.
12 Challenging Conversations Videos
Andrea Furlan, M.D.
13 Treatment strategies for patients on Long-term benzodiazepines
Rashmi Chadha, MBCHB, MScCH
14 The Patient with Complex Chronic Pain and the Busy Primary Care Physician: Reflecting on Me and Personal Well-being
Paul Farnan, M.B., B.Ch.
15 Office Approach to Functional Somatic Syndrome
Chris Stewart-Patterson, M.D
11:25-11:45a
Pearls for Implementing What You’ve Learned – Panel (Drs. Farnan, O’Connell)
11:45-12:00p
Evaluations
12:00p
Conference Adjourns

SATURDAY AGENDA — February 20, 2016

7:00-8:00a
Taking Care or Yourself
• Supporting the Practitioner
Barry Egener, M.D.
• Mindfulness Based Stress Reduction & Chronic Pain
Linda Turner, RN, PhD
7:30-8:15a
Continental Breakfast hosted by TFME
8:15-8:30a
Announcements & 2014 Commitment to Change Results
8:30-9:00a
Pain and Co-Dependency in Patients and Doctors
Paul Farnan, M.B., B.Ch.
Pain is complex, and emotional pain can present itself as somatic pain. Therapeutic relationships are also complex. As caring physicians we often desperately want to fix and cure pain but can end up taking responsibility for the patient’s problems and using our prescribing pads as the solution. Dr. Farnan will provide tips for identifying somatizing patients, and managing the discomfort that often exists for both the patient and physician.
9:05-9:35a
Cognitive Behavioral Approaches to Chronic Pain
Dan O’Connell, Ph.D.
Cognitive Behavioral (CBT) understandings and approaches to helping patients with chronic pain have evolved over the last 40 years into a place where they can be used with good effect both in formal treatment programs as well as informal encounters between patients and clinicians. In this session we will review the key elements of a Cognitive behavioral approach and a form of CBT called Acceptance and Commitment Therapy that is demonstrating success in improving patients ability to function despite their pain. Our goal is both to offer the key ideas and specific applications for exam room conversations with patients.
9:35-9:45a
Questions and Discussion – Panel (Drs. Farnan and O’Connell)
9:45-10:00a
Refreshment Break
10:05-11:20p
Interactive Working Group IV Selections - Third Level
12 Pain Management for Patients with Substance Abuse
Laurette Rieb, M.D.
12 Challenging Conversations Videos
Andrea Furlan, M.D.
13 Treatment strategies for patients on Long-term benzodiazepines
Rashmi Chadha, MBCHB, MScCH
14 The Patient with Complex Chronic Pain and the Busy Primary Care Physician: Reflecting on Me and Personal Well-being
Paul Farnan, M.B., B.Ch.
15 Office Approach to Functional Somatic Syndrome
Chris Stewart-Patterson, M.D
11:25-11:45a
Pearls for Implementing What You’ve Learned – Panel (Drs. Farnan, O’Connell)
11:45-12:00p
Evaluations
12:00p
Conference Adjourns

SATURDAY, FEBRUARY 20, 2016
1:30-5:00p
Afternoon Seminars
Four Seasons Hotel – Third Floor Conference Area
Registration is $225 per workshop.

Advanced Interview Skills for Chronic Pain Patients
Drs. Egener, Chadb, and Reb
Several participants of previous courses have expressed the desire to enhance their interview skills with particularly challenging patients, especially those with chronic pain or who request specific prescribers. Specialized skills for interview patients on Saturday afternoon. Enrolment will be limited in order to give each participant a chance to practice with simulated patients. Some pre-course goal setting will be required.

Cognitive Behavioral Approaches to Managing Chronic Pain: Advanced Skills
Dan O’Connell, Ph.D.
In this workshop participants will apply the CBT approach and its most recent evolution, Acceptance and Commitment Therapy, to the treatment of patients with chronic pain. We will examine both in planned sessions as well as the ad hoc conversations that take place in most encounters between clinicians and patients with this problem. There will be a mix of didactic teaching, case discussion, demonstration and modeling of the approaches and then opportunities to practice.

DISTINGUISHED FACULTY
Gary M. Franklin, M.D., MPH
has served as the Medical Director of the Washington State Department of Labor and Industries (L&I) from 1988 to the present. At the University of Washington, he serves as the Director of the occupational Epidemiology and Health Outcomes program and is a Research Professor in the Department of Environmental and Occupational Health Sciences and in the Department of Medicine (Epidemiology). Dr. Franklin has conducted several studies related to opioid prescribing practices, has translated this research evidence into educational materials for health care providers, and is a member of the National Opioid Guideline Group (NOUGG) produced by the medical regulatory authorities in Canada.

Paul Farnan, M.B., B.Ch.
has conducted several studies related to opioid prescribing practices, has translated this research evidence into educational materials for health care providers, and is a member of the National Opioid Guideline Group (NOUGG) produced by the medical regulatory authorities in Canada.

Andrea Furlan, M.D., Ph.D.
has completed her residency in physiatry at the university of San Francisco. Dr. Chadha is a scientist at the Institute for Work & Health and has conducted several studies related to opioid prescribing practices, has translated this research evidence into educational materials for health care providers, and is a member of the National Opioid Guideline Group (NOUGG) produced by the medical regulatory authorities in Canada.
The Opioid Epidemic-Reversing the Trend and Providing Better Pain Care in North America
Gary M. Franklin, MD, MPH

The opioid epidemic in the US very likely mirrors that in Canada and other Western countries; it begat with a problem of pain specialists and lobby drug company advocacy groups. Much of what was taught was not evidence-based. In addition, in an effort to de-stigmatize opioid use, we were falsely taught that addiction was rare. What followed was a dramatic increase in the opiate prescriptions. We now know that these increasing doses are strongly correlated with serious adverse events and increasing mortality. In addition, hundreds of thousands have become addicted or dependent. Finally, there is emerging data to support an important contribution of opioids to the initiation and perpetuation of disability in workers’ compensation systems. Reverse of this epidemic is a critical public health goal, and increasing numbers of States, US specialty societies, the Canadian Working Group, and the US Centers for Disease Control are implementing updated guidelines on more appropriate opioid use. Key goals of the recent report includes recommendations to not use opioids routinely for minor conditions for which they have low evidence of effectiveness and high evidence of dose dependent harms. We will also cover the alternatives to opioids for addressing chronic pain effectively in practice.

9:15-10:00a Workable Workplace and Prescribed Medications in Chronic Pain Patients
Paul Farnan, M.B., B.Ch

Simile is the key ideas and specific applications for exam room conversations with patients.

10-00-10:15a Questions and Discussion – Panel (Drs. Franklin and Farnan)

10:15-10:30a Refreshment Break

10:35-11:50a Interactive Working Group I Selections - Third Level
Comprehensive Approach
Gary M. Franklin, MD, MPH

2 Tapering High Dose Opioids I: The Negotiation
Barry Egener, M.D.

3 Opioid and Benzodiazepine Lowering Strategies
Launette Rieb, M.D.

Case Approach: Functional Somato-Somatic
Chris Stewart-Patterson, M.D

The Physical Exam in the Chronic Patient
Pam Squire, M.D.

11:50-12:50p Lunch, hosted by TFME

12:50-1:30p Marijuana for Medical Purposes: Weeding the Evidence
Launette Rieb, M.D.

Not all patients on opioid therapy have progressed through the recommended steps of an opioid trial to determine an optimal dose. This situation can arise from various circumstances, e.g., when a patient on long-term opioid therapy transfers from one doctor to another, or when a patient has inadvertently transitioned from receiving opioids for an acute condition to prolonged use. This presentation will offer recommendations on how to manage this situation.

2:35-2:45p Questions and Discussion – Panel (Drs. Rieb and Furlan)

2:45-2:55p Refreshment Break

3:00-4:15p Interactive Working Group II Selections - Third Level
The Relationships with the Chronic Pain Patient
Barry Egener, M.D.

7 Examining the Chronic Pain Patient with Shoulder Pain
Pam Squire, M.D.

8 The Inherited Patient: Success Stories from ECHO Ontario
Andrea Furlan, M.D.

9 Treatment Strategies for Patients on Long-term benzodiazepines
Rashid Chaudha, MBCHB, MScCh

10 The Patient with Complex Chronic Pain and the Busy Primary Care Physician: Reflecting on Me and Personal Well-being
Paul Farnan, M.B., B.Ch.

10:45-11:45a Pearls for Implementing What You’ve Learned – Panel (Drs. Farnan, O’Connell)

11:45-12:00p Evaluations

12:00p Conference Adjourns

SATURDAY AGENDA – February 20, 2016

7:00-8:00a Taking Care or Yourself
• Supporting the Practitioner
Barry Egener, M.D.

• Mindfulness Based Stress Reduction & Chronic Pain
Linda Turner, RN, PhD

7:30-8:15a Continental Breakfast hosted by TFME

8:15-8:30a Announcements & 2014 Commitment to Change Results

8:30-9:00a Pain and Co-Dependency in Patients and Doctors
Paul Farnan, M.B., B.Ch.

Pain is complex, and emotional pain can present itself as somatic pain. Therapeutic relationships are also complex. As caring physicians we often desperately want to fix and cure pain but can end up taking responsibility for the patient’s problems and using our prescribing pads as the solution. Dr. Farnan will provide tips for identifying somatizing patients, and managing the discomfort that often exists for both the patient and physician.

9:05-9:35a Cognitive Behavioral Approaches to Chronic Pain
Dan O’Connell, Ph.D.

Cognitive Behavioral (CBT) understandings and approaches to helping patients with chronic pain. Dr. O’Connell reviewed the last 40 years into a place where they can be used with good effect both in formal treatment programs as well as informal encounters between patients and clinicians. In this session we will review the key elements of a Cognitive behavioral approach and a form of CBT called Acceptance and Commitment Therapy that is demonstrating success in improving patients ability to function despite their pain. Our goal is both to offer the key ideas and specific applications for exam room conversations with patients.

9:35-9:45a Questions and Discussion – Panel (Drs. Franklin and Farnan)

9:45-10:00a Refreshment Break

10:05-11:20p Interactive Working Group III Selections - Third Level
11 Pain Management for Patients with Substance Abuse
Launette Rieb, M.D.

12 Challenging Conversations Vides
Andrea Furlan, M.D.

13 Team Treatment strategies for patients on Long-term benzodiazepines
Rashid Chaudha, MBCHB, MScCh

14 The Patient with Complex Chronic Pain and the Busy Primary Care Physician: Reflecting on Me and Personal Well-being
Paul Farnan, M.B., B.Ch.

15 Office Approach to Functional Somato-Somatic
Chris Stewart-Patterson, M.D

SATURDAY, FEBRUARY 20, 2016
AFTERNOON SEMINARS
1:30-5:00p Four Seasons Hotel – Third Floor Conference Area
Registration is $225 per workshop.

Advanced Interview Skills for Chronic Pain Patients
Dr. Egener, Chadb, and Reib

Several participants of previous courses have expressed the desire to enhance their interview skills with particularly challenging patients, especially those with chronic pain or who request specific prescriptions. Several will offer skills-based half day courses for interested participants on Saturday afternoon. Enrollment will be limited in order to give each participant a chance to practice with simulated patients. Some pre-course goal setting will be required.

Cognitive Behavioral Approaches to Managing Chronic Pain: Advanced Skills
Dan O’Connell, Ph.D.

In this workshop participants will apply the CBT approach and its most recent evolution, Acceptance and Commitment Therapy, to the treatment of patients with chronic pain. We will examine both in planned sessions as well as the ad hoc conversations that take place in most encounters between clinicians and patients with this problem. There will be a mix of didactic teaching, case discussion, demonstration and modeling of the approaches and then opportunities to practice.

DISTINGUISHED FACULTY
Barry Egener, M.D., is a practicing general interest on the faculty of the Legacy Portland Program in Internal Medicine, Medical Director, The Foundation for Medical Excellence and Northwest Center for Physician-Patient Communication, and Post- President, the American Academy of Physician and Patient. From 2005-2010, he served as a director of the American Board of Internal Medicine. He teaches regionally and nationally on the doctor-patient relationship and the management of difficult patient relationships.

Paul Farnan, M.B., B.Ch, is a Vancouver-based physician, who is certified in both Family Medicine and Addiction Medicine. As Medical Director at HealthAssessment Occupational Health Services he provides expert occupational medicine consultation for complex disability management cases, especially those related to substance use disorders, chronic pain, etc. He is a Clinical Associate Professor, Department of Family Practice at the University of British Columbia. He has also been involved in the special area of physician health and wellbeing for almost twenty years. For six years he was the Executive Director of the Physician Health Program of British Columbia, where he had a special interest in physician stress and burnout.

Gary M. Franklin, M.D., MPH has served as the Medical Director of the Washington State Department of Labor and Industries (L&I) from 1988 to the present. At the University of Washington, he serves as the Director of the occupational Epidemiology and Health Outcomes Program and is a Research Professor in the Department of Environmental and Occupational Health Sciences and in the Department of Medicine (Epidemiology). Dr. Franklin has conducted several studies related to opioid prescribing practices, has translated this research evidence directly back into state health care policy, and is leading a statewide effort to educate physicians about best practice use of opioids for chronic non-cancer pain.

Andrea Furlan, M.D., Ph.D., completed her residency in physiatry at the University of Sao Paulo, Brazil and subsequently obtained an M.D. in clinical epidemiology from the University of Toronto. Currently, Dr. Furlan is a scientist at the Institute for Work & Health and Senior Scientist at Toronto Rehab – UHN. She is the coordinating editor of the Cochran Back Review Group. She is a physician at the Toronto Rehabilitation – UHN and Associate Professor in the Department of Medicine’s Division of Physiatry at the University of Toronto. Her main research interests include chronic pain, low-back pain and neuropathic pain, with a methodological focus on systematic reviews, meta-analyses and clinical practice guidelines. She participated in the development of the National Opioid Guidelines (GUIDELINES) and by the medical regulatory authorities in Canada.

Daniel O’Connell, Ph.D., is a clinical psychologist who lives in Seattle, WA. Over the last 30 years Dr. O’Connell has worked as an educator, consultant, clinician, department chair and executive director in medical, behavioral health and educational settings. He is a consultant to The Institute for Healthcare Communication and serves on the faculty of the Foundation for Medical Excellence. He teaches in the Residency Programs at the University of Washington School of Medicine and maintains a coaching and consulting practice working primarily with healthcare organizations and individual providers on all aspects of the psychology of medicine, leadership in healthcare settings and professional interactions.
Launette Rieb, M.D., MSc., CCFP, FCFP, dip. ABAM is a Clinical Associate Professor in the Department of Family Practice at UBC. She is certified by The American Board of Addiction Medicine and the Canadian Society of Addiction Medicine. She co-developed the St. Paul’s Hospital Goldcorp Addiction Medicine Fellowship for which she was the first Physician Director. Dr. Rieb works clinically in chronic pain and addiction rehabilitation at ORION Health (Vancouver Pain Clinic), at the ImmunoDeficiency Clinic at St. Paul’s Hospital, and at The Orchard Recovery Centre. She teaches in the Prescribers Course for the College of Physicians and Surgeons of British Columbia and for the Education Committee of the Canadian Society of Addiction Medicine. Currently Dr. Rieb is a MDAG sponsored Canadian Addiction Medicine Research Fellow. She is the recipient of a UBC postgraduate teaching award.

WORKSHOP FACULTY
Rasmikh Chadha, MBChB, MsCSCh, CCFP, AMAB (Cer.), MRCPsG (Dist.), DRCOG, DCM is a Vancouver-based physician who is dual certified in Addiction Medicine and Family Medicine. She worked as an GP in rural England before moving to Toronto to do a Masters in community and family medicine at the University of Toronto. She completed a one-year fellowship in addiction medicine at CAMH before moving to Vancouver in 2010. She is a Clinical Lecturer in the Department of Family Practice at the University of British Columbia and she currently works at Vancouver General Hospital providing consults for inpatients with complex pain and/or addiction issues. She also has an addictions clinic at South Mental Health and Addictions (ICM) where she has special interests in chronic pain and addiction, opioid dependence, and benzodiazepine tapers. Dr. Chadha has provided specialist addiction consultation to the College of Registered Nurses of BC and WorkSafeBC. She is the Medical Consultant for the Prescription Review Program of the College of Physicians and Surgeons of BC, is a peer practice assessor for the college’s Methadone Program and teaches at the college’s biannual Prescribers Course.

REGISTRATION INFORMATION
Registration is online at www.tfme.org. Registration Fee:
• Pain & Suffering Symposium: $460 (US)
• Advanced Skills Building Workshop: $225
• Person(s) at $225 for the Saturday 1:30-5:00 Pain & Suffering Symposium workshop.
• Registration Fee includes all workshop fees and one-night accommodation at the Four Seasons Hotel, Vancouver BC.

Refund Policy:
• Refunds prior to January 15, 2016 will be charged a $50.00 fee. No refunds after January 16, 2016.

Venue and Accommodations: Four Seasons Hotel, Vancouver BC
Go to www.fourseasons.com/vancouver/foundation_medical_excellence to reserve your room and get the best rate available. Use the following credit card information

Method of Payment
The Foundation for Medical Excellence is not responsible for any conversion fees charged by your banking institution.

If you would prefer not to Register Online you may use this form and mail with check to the Foundation for Medical Excellence.

Name
Address
City State Zip
Telephone
Email

Please register person(s) at $450 for the Pain & Suffering Symposium.

Optional Opportunity
Please register (select one)
• Advanced Skills Building Workshop: $225
• Cognitive Behavioral Therapy for Chronic Pain: $225

Launette Rieb, M.D., MSc., CCFP, FCFP, dip. ABAM is a Clinical Associate Professor in the Department of Family Practice at UBC. She is certified by The American Board of Addiction Medicine and the Canadian Society of Addiction Medicine. She co-developed the St. Paul’s Hospital Goldcorp Addiction Medicine Fellowship for which she was the first Physician Director. Dr. Rieb works clinically in chronic pain and addiction rehabilitation at ORION Health (Vancouver Pain Clinic), at the ImmunoDeficiency Clinic at St. Paul’s Hospital, and at The Orchard Recovery Centre. She teaches in the Prescribers Course for the College of Physicians and Surgeons of British Columbia and for the Education Committee of the Canadian Society of Addiction Medicine. Currently Dr. Rieb is a MDAG sponsored Canadian Addiction Medicine Research Fellow. She is the recipient of a UBC postgraduate teaching award.

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Registration is online at www.tfme.org. Registration Fee:
• Pain & Suffering Symposium: $460 (US)
• Advanced Skills Building Workshop: $225
• Person(s) at $225 for the Saturday 1:30-5:00 Pain & Suffering Symposium workshop.
• Registration Fee includes all workshop fees and one-night accommodation at the Four Seasons Hotel, Vancouver BC.

Refund Policy:
• Refunds prior to January 15, 2016 will be charged a $50.00 fee. No refunds after January 16, 2016.

Venue and Accommodations: Four Seasons Hotel, Vancouver BC
Go to www.fourseasons.com/vancouver/foundation_medical_excellence to reserve your room and get the best rate available. Use the following credit card information

Method of Payment
The Foundation for Medical Excellence is not responsible for any conversion fees charged by your banking institution.

If you would prefer not to Register Online you may use this form and mail with check to the Foundation for Medical Excellence.

Name
Address
City State Zip
Telephone
Email

Please register person(s) at $450 for the Pain & Suffering Symposium.

Optional Opportunity
Please register (select one)
• Advanced Skills Building Workshop: $225
• Cognitive Behavioral Therapy for Chronic Pain: $225

Chris Stewart-Patterson, M.D. is an occupational physician and provides consultations on workers in chronic pain for both employers and unions. He lectures both locally and internationally on disability evaluation. He has clinical experience in general practice, emergency medicine, community psychiatry and multidisciplinary pain programs. He is a clinical instructor in the Faculty of Medicine, University of British Columbia, a senior lecturer at Wellington School of Medicine, University of Otago and visiting lecturer at Harvard Medical School.

Pam Squire, M.D. CCFP, FCFP, dip. ISAM, CAPIM, CPE is a Clinical Assistant professor in the Department of Family Medicine at the University of British Columbia. Dr. Squire is certified by the International Society of Addiction Society and by the Canadian and American Academies of Pain Management. She was a member of the guidelines committee (2010-2011) for Pain Medicine, the national group mandated to write the curriculum for the new Royal College of Physicians and Surgeons specialty of Pain Medicine. She currently practices in Vancouver B.C. where she has a consultative practice in complex pain, providing assessments and both medical and interventional treatment. She is a clinical instructor in the Faculty of Medicine, University of British Columbia, a senior lecturer at Wellington School of Medicine, University of Otago and visiting lecturer at Harvard Medical School.

Linda Catherine Turner, RN, PhD, Certified MBSR Instructor, is the manager of Health and Human Services at Langara College, Vancouver, British Columbia, Canada where she also teaches Mindfulness Based Stress Reduction (MBSR). She studied MBSR at the University of Massachusetts Medical Center where she became a certified instructor. She is a registered nurse who has worked intensively with patients in pain in Vancouver, San Francisco and Toronto. Linda completed an interdisciplinary PhD investigating pain and complementary therapies at the University of British Columbia. She has a strong interest in incorporating alternative and complementary modalities into the mainstream of health care and she is the president of the Canadian Holistic Nurses Association.

The Assessment and Management of Complex Chronic Pain Patients with a focus on: Marijuana and Tapering High Dose Opioids

February 19 - 20, 2016
Four Seasons Hotel
British Columbia
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