



College of Physicians and
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DRUG
PROGRAMS
Update

[Updated Methadone for Analgesia Guidelines now available on the College website \[1\]](#)

With the world of pain management constantly evolving, the *Recommendations for the Use of Methadone in Pain Handbook* has been updated from September 2015 and renamed the [Methadone for Analgesia Guidelines](#) [2]. Please note that the document is only available in electronic format on the College website.

Key features contained in the revised document:

- updated drug interaction and QT charts and references
- more robust warning regarding combining methadone and benzodiazepines
- additional discussion on pregnancy and postpartum considerations
- more dosing examples provided

The process for obtaining authorization is also paperless and some changes have occurred. Applicants are now required to do the free, accredited online CME from Canadian Virtual Hospice instead of reading key articles. The key articles will remain on the College website as a resource, and are currently being updated. The interview component has also been removed. Registrants should check the College website for changes and links to forms and resources, and contact the methadone program with any questions.

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Links

[1] <https://www.cpsbc.ca/for-physicians/college-connector/2016-V04-06/06>

[2] <http://www.cpsbc.ca/files/pdf/MMP-Analgesia-Guidelines.pdf>

[3] <https://www.cpsbc.ca/for-physicians/college-connector/2016-V04-06>

[4] <https://www.cpsbc.ca/for-physicians/college-connector/2016-V04-06/05>

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